



Report to the Commissioners
Area IX Agency on Aging, Flathead County
May 18, 2015
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On the last page are two tables, one for performance measures and one for workload indicators, showing:

FY 2013 actuals

FY 2014 targets

FY 2014 actuals

FY 2014 actuals as a percentage of annual targets

FY 2014 actuals as a percentage of FY 2013 actuals

FY 2015 actuals for July 2014

FY 2015 targets

FY 2015 actuals through April 30, 2015 as a percentage of FY 2015 annual targets

The general target is 83.33% for FY 2015 through April 30th, keeping in mind that some numbers will be unevenly distributed throughout the year, some will lag 30-90 days due to subcontractor billing/reporting and/or volunteer reporting and some will change during the end of the fiscal year reconciliation process. Some information is not yet available and will be reported in future months. Additional detail may be reported in the program sections below. Numbers highlighted in yellow have been revised since the last report.

Data to note:

To date we have exceeded our performance measure targets/workload indicators for the FY for the following:

- individuals provided independent living services
- individuals receiving home-delivered meals
- Individuals participating in congregate meals
- Number of RSVP volunteer hours served
- % of annual survey respondents satisfied with AOA services
- Number of outreach efforts
- Number of total meals served

In addition, we continue to be under the anticipated per meal cost as well as the threshold set for the maximum number of transportation complaints.

AOA Administration

Budget

- The Commissioners' FY 2016 budget review is complete. However, final contract budgets from DPHHS are not yet available. We anticipate an additional \$35,000 in revenue over what is in the draft budget.

Staff Development

- Multiple staff attended the combined Governor's Conference on Aging and the Montana Gerontology Society Conference in Helena 5/12-5/14. Lisa co-presented with Maarten Fischer on the success of the Lifeside Farm Program.

State/Legislative Issues

- Although DPHHS did not receive the original Benefits Enrollment Center (BEC) grant that it applied for on our behalf, the National Council on Aging (NCOA) has asked DPHHS to apply for a smaller BEC sustainability grant that would allow us to train staff and serve Flathead County residents through a subcontract with Area VI. Lisa has been collaborating with DPHHS and Area VI staff to complete the grant, which is due at the end of this month. If awarded, the one-year grant will begin in July.
- Development of Area Plan for October 2015-September 2019: We are still awaiting DPHHS go ahead for final Commissioner review and approval.
- State legislative update:
 - The final FY 16 budget contains a 2% provider rate increase and an additional \$250,000 per year for aging services over the coming biennium.
 - SB180, which provides for a % of car rental tax collections for public transportation for older adults and people with disabilities, was signed by the Governor.
- Montana Area Agencies on Aging Association (M4A): Lisa and Kathi attended the quarterly M4A meeting in Helena at the end of April.

Building

- **New building:** We purchased 8 commercial patio table/chair sets at the Sizzler auction as well as several stainless steel shelving units.
- **Kelly Road:** A sale of the building is in progress.

Advisory Council

- There was no meeting in May due to the Governor's Conference. The next meeting is scheduled for June 11, 2015, 2:00 pm at The Summit.

Outreach/Education/Media - Increased outreach is a goal in our Area Plan on Aging (Oct. 2011- Sept. 2015).

Note: Transportation related outreach will be noted in the Eagle Transit section below.

- 4/6/2015, Lisa was interviewed on KGEZ (regular spot).
- 4/6/15, Lisa presented to the Sunrise Lion's Club, approximately 20 people in attendance.
- 4/8/2015, Ruth Pomeroy presented on fraud prevention at the Canvas Church Senior In Touch Luncheon, 42 attendees.
- 4/10/2015, booth at the United Way Share Fair
- 4/25/2015, booth at the Spring Health Expo
- Development and dissemination of the April AOA Newsletter
- Lisa was recognized as the NBC Montana Local Hero for April
- Promotion of the following events/programs:
 - AOA Air-Conditioner Loan Program
 - Caregiver Training Series in Bigfork

Eagle Transit

- Montana Department of Transportation (MDT):
 - The 3rd Quarter Report has been submitted.
 - The new bus should be delivered by the end of this month.
- Operations:
 - The open .5 Driver position has been filled.
 - The extended hour route in Columbia Falls will begin June 1.
 - RouteMatch:
 - Although there continue to be bugs, staff feel overall that working on the RouteMatch server is an improvement over the problems experienced while using the County server.

- The Call Notification Module is still not working as it should. We have requested an extension of the free trial period on the RouteMatch server until this issue is resolved.
- Glacier National Park: The management options newsletter is now available for review and comment at <http://parkplanning.nps.gov/document.cfm?parkID=61&projectID=47660&documentID=65779>
- Transportation Advisory Committee (TAC): The TAC will meet on June 4th, 8:30-10:00 am at Heritage Place in Kalispell.

Nutrition

- Nutrition Manager J.R. Isles attended a Dietary Program Manager meeting Columbia Falls on 4/23 and attended a Serv Safe class on 4/24. J.R. and Chef David Caron also attended a food show in April.
- At the M4A meeting, State Nutrition Consultant Minkie Medora presented to the Area Directors on new federal Food Safety Rules.

I & R/Assistance/Ombudsman

- Data reports: of active clients assessed
 - 66% are at moderate to high risk based on physical health needs
 - 49% need assistance with transportation
 - 14% are experiencing noted cognitive decline
 - 16% have significant mental health needs
 - 15% have limited social connections
 - 72% need help with household and/or personal tasks
 - 56% live alone
 - 38% have at least one life factor rated at the highest risk category
- The Summer A/C Loan Program is currently taking applicants.
- The Lifeside Farm Program is partnering with the University of Montana on a research project to evaluate participant outcomes.

RSVP

- Grant update:
 - Final financial and program reports to close out the three year grant ending 3/31/15 have been submitted.
 - We are still awaiting a decision on our request to carry-forward unexpended funds from the grant period ending 3/31/15.
- The annual RSVP Volunteer Recognition Banquet is May 19th at Northridge Lutheran Church. There will be a special “Wow!” room where community workstations will have displays showcasing their RSVP volunteers. Commissioner Krueger is the keynote speaker.

Senior Mobile Home Repair

- Advisory Board meeting was held on 5/12/15 at 9:00 am at Flathead Electric. Next meeting 6/9/2015.
- One project has been completed since last month’s report; 11 are in progress.
- Funding:
 - \$300 from Angora Ridge Foundation
 - \$250 from First Interstate Bank and \$250 from First Interstate Foundation
 - \$500 from Glacier Bank

Senior Centers - A primary AOA focus is outreach to area Senior Centers to build relationships, extend support, and explore new opportunities for partnership.

- Approximately 30 people have attended the Caregiver Training series in Bigfork.

- Four area Center members attended the Governor’s Conference on Aging/MGS Conference with a training stipend from AOA, made possible by M4A.
- The Whitefish Community Center will hold its annual Summer Solstice Bluegrass Bash fundraiser on June 2, 2015. Tickets will go on sale the end of this month.

Story: Alzheimer’s Affects Us All

The theme of this year’s Governor’s Conference on Aging was Alzheimer’s Disease and its impact on individuals with the condition, families, and the healthcare and social service systems. The numbers are staggering, frightening and demanding of our attention and commitment to do something. According to The Alzheimer’s Association:

- More than 5 million Americans are living with Alzheimer’s; and every 67 seconds someone new develops the disease.
- More than 27,000 Montanans will be diagnosed in the next 10 years.
- Alzheimer’s is the 6th leading cause of death in the U.S., and in Montana.
- Alzheimer’s is the most expensive disease in America.
 - Nearly 1 in 5 Medicare dollars are spent on people with Alzheimer’s.
 - In Montana, 48,000 caregivers spend 55 million hours caring for loved ones with Alzheimer’s, at a value of \$668 million.

To put a face to the numbers, Alzheimer’s Researcher Dr. Howard Federoff shared with conference attendees the following series by artist William Utermohlen who documented his Alzheimer’s progression in these profound self-portraits.

