



# Flathead City-County Health Department

## Health Promotion

### Nutrition and Physical Activity Program

The current fiscal year deliverables for the Nutrition and Physical Activity Program grant includes outreach to a new worksite in an outlying county. Wendy has been working with Lake County Public Health to start a wellness program for their employees. A baseline interest sur-

vey has been conducted and subsequent strategies will be developed. A wellness committee has been formed and all members are looking forward to making a healthy impact. The quarterly meeting of the Montana Worksite Wellness Coalition was attended in Helena.

### Comprehensive Cancer Control

New hire, Lisa Schlepp spent time in Helena orienting to the program and learning the components for the colorectal outreach piece. Currently, colorectal screenings are booked out into February 2012.

Planning was underway for Breast Cancer Awareness Month activities and events. October 1<sup>st</sup> is slated as the kickoff for

Turn the Flathead Pink.

The Montana Comprehensive Cancer Control statewide meeting has been scheduled for November 4<sup>th</sup> in Helena. Local coalition members, in addition to staff are encouraged to attend. All expenses are covered by the State.

### Montana Cancer Screening Program

In September we enrolled 73 women for breast and cervical cancer screenings. 7 women had abnormal breast results. 1 woman will be linked to Medicaid for cervical cancer. 8 Native Americans were enrolled in the program and Tribal Health referred 7 women into the program. At the end of the first quarter we have screened 190 women (21% of the goal) and 6 Native Americans (6 % of the goal).

In September we enrolled 17 patients for colon cancer screenings. 1 patient had a

positive FOBT card and was referred for a colonoscopy. At the end of the first quarter in colon screenings we enrolled 47 patients (44 % of the goal).

We are awaiting confirmation from the state that we will receive 19 more colonoscopies and 9 more FOBT cards for the year 0304. We will also be able to screen the 5 slots that were left in year 0303. Our site may not be paid for the added screening but the providers will.

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## Emergency Preparedness

The Public Health Emergency Preparedness (PHEP) grant cycle began September 1, 2010. The state came to Kalispell and conducted a regional training for our 2010-2011 deliver-

ables. The month of September has been focused on the seasonal flu clinic planning. We have also been working with the state to host a regional training in October for “How to

write an After Action Report (AAR)”. As of September 2010, any event that our local PHEP coordinator participates in or coordinates will require an AAR.

## Safe Kids Safe Communities



Wendy made two trips to Helena this month. The first trip was to attend the Statewide Advisory Board for the Buckle Up Montana Program. This group directs activities and work plans for the BUM coalitions. Second trip was to attend the required contractors meeting, where we learned more about contract expectations, how to use social networking to spread the buckle up message and more. National Child Passenger Safety Week was observed by offering free car seat inspections at the Health Department, Lowes as part of Safety Saturday and at 2

family fun nights at Head Start. A total of 30 car seats were inspected and 5 seats were provided to families at a reduced price. The Montana Department of Transportation gave our coalition 75 booster seats for distribution during this week. Most of the seats were provided to Head Start Families and a few went to the general public. A bike rodeo was held at the Glacier Boys and Girls Club in Columbia Falls. 60 children received new, free bike helmets that were fitted for them on that day.

## Tobacco Use Prevention Program

Leslie and Lisa attended the Montana Tobacco Use Prevention Statewide Meeting in Bozeman. This year’s theme was **Shape, Rally & Role: Ending the Tobacco Epidemic in Montana**.

October 1st marks the 1-year Anniversary of full implementation of the Montana Clean Indoor Air Act (MCIAA). Flathead County has had high compliance with the law. No new complaints of violations of the MCIAA were received during the month of September. In the last year, 105 valid complaints were received statewide; 7 were from Flat-

head County.

Red Ribbon Week has been designated for October 25th-30<sup>th</sup>. Collaboration with the STAND group is underway now that school is back in session. Planned activities include visits to area middle and elementary schools and tobacco-free activities for students during that week.

Staff are gearing up for the Soles 4 Souls Campaign. During the Celebration on the Hill on March 8<sup>th</sup>, 1400 shoes will be displayed in the Rotunda of the State Capital Building to represent the number of lives lost to tobacco use annually in Montana.



Each county program is tasked with collecting 30 pairs of new or gently used shoes by February 2<sup>nd</sup>. After the event, the display will travel across the state and can be featured in Flathead County. Donations may be brought to Health Promotion; tags will be available for those donating to add a personal message..

