



## FLASH BACK 4 - H C A M P

### Darrell Fenner Loon Lake 4-H Camp July 23-26

Registration must be turned into the Flathead County Extension Office by **Monday, July 9<sup>th</sup>, 2012.**

Ages 9-13yrs.

Fees: \$80.00 for 4-H Members,  
\$95.00 for Non-Members

Download application at: [flathead.mt.gov/extension/downloads.php](http://flathead.mt.gov/extension/downloads.php)

Or Call the Extension office at 758-5553 for more information.



### The Little Chief Award, sponsored by Western Outdoor

The purpose of this award is to recognize an outstanding senior 4-H member who demonstrates Citizenship and Community Service. Winners must show evidence that they have acquired positive life skills through their activity records and stories.

The winner receives a specially designed belt buckle. Applications are available in the Extension Office and online at: [flathead.mt.gov/extension/downloads.php](http://flathead.mt.gov/extension/downloads.php)  
Applications are due in the Extension Office by Tuesday, July 31st, 2012.



### Sale Flyers!

Sale flyers for the NWMT 4-H FFA market livestock sale will be ready soon! Please remember to stop by and pick some up. These are a great way to invite new buyers to sale and remind former buyers of this great program!



### Northwest Montana Fair Open House



Do you have questions about how to enroll for Fair events? Want to know the difference between open class and 4-H classes? Then you should come to the NWMT Fair open house! It will be held on **Tuesday, July 17th at 6:00 p.m. in the Expo Building.** All of the Barn Superintendents will be on hand to answer questions and help you with the enrollment process. If you'd like more information, please call the Fair Office at 758-5810.

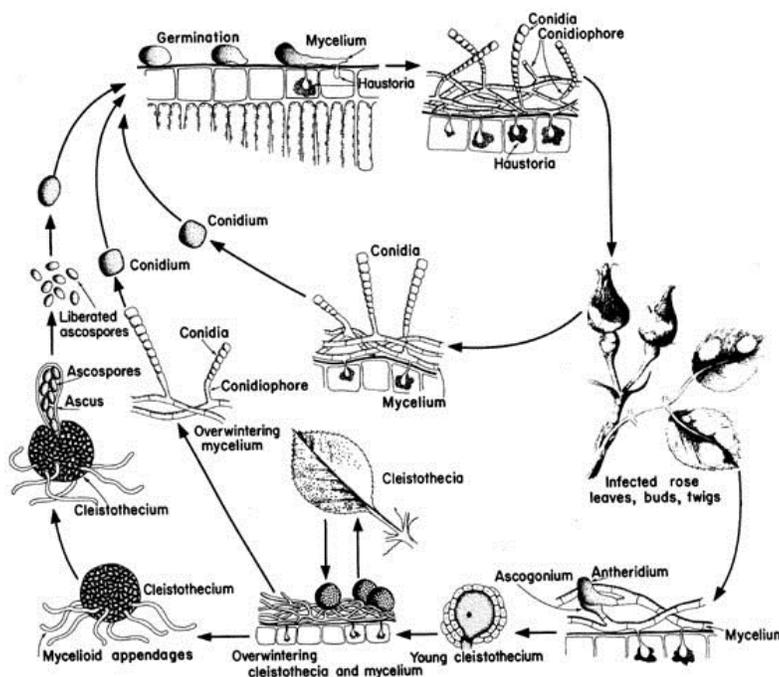


## What is that on my leaf?

Another wet June has residents of the Flathead Valley finding white talcum powder looking spots on maples, lilacs, squash and other plants around the landscape. It is fairly easily recognized. Powdery mildew can begin as small white or light gray spots on the foliage and spread until the leaf is completely covered. The disease is most commonly observed on the upper sides of the leaves. It also affects the bottom sides of leaves, young stems, buds, flowers and young fruit. Infected leaves may become distorted, turn yellow with small patches of green, and fall prematurely. Infected buds may fail to open.

## Life cycle

Powdery mildews produce mycelium (fungal threads) that grow only on the surface of the plant. They never invade the tissues themselves. The fungi feed by sending haustoria, or root-like structures, into the epidermal (top) cells of the plant. The fungi overwinter on plant debris as cleistothecia or mycelium. In the spring, the cleistothecia produce spores that are moved to susceptible host tissue by splashing raindrops, wind or insects.



## Control

### Cultural

Many plants are being developed to be resistant to powdery mildew. If resistant varieties are unavailable, do not plant in low, shady locations.

Once the disease becomes a problem:

- Avoid late-summer applications of nitrogen fertilizer to limit the production of succulent tissue, which is more susceptible to infection.
- Avoid overhead watering to help reduce the relative humidity.
- Remove and destroy all infected plant parts (leaves, etc.). For infected vegetables and other annuals, remove as much of the plant and its debris in the fall as possible. This decreases the ability of the fungus to survive the winter. **Do not compost infected plant debris.** Temperatures often are not hot enough to kill the fungus.
- Selectively prune overcrowded plant material to help increase air circulation. This helps reduce relative humidity and infection.

### Chemical

If cultural controls fail to prevent disease buildup or if the disease pressure is too great, an application of a fungicide may be necessary. These include:

- sulfur,
- neem oil (Rose Defense, Shield-All, Triact),
- triforine (Ortho Funginex), ornamental use only, or potassium bicarbonate (Kaligreen, First Step)

**Chemicals are most effective when combined with cultural controls.** Apply fungicides at seven to 14-day intervals to provide continuous protection throughout the growing season. Follow the instructions on the fungicide label for use on specific plant species, varieties, rates to be used, timing of applications, and waiting periods before harvest.

An alternative nontoxic control for mildew is baking soda (similar to the potassium bicarbonate listed above) combined with a lightweight horticultural oil (Sunspray). Researchers at Cornell University have discovered the fungicidal properties of this combination against powdery mildew on roses. Applications of 1 tablespoon baking soda plus 2.5 tablespoons of Sunspray oil in 1 gallon of water are still experimental. Use it at your own risk.

Source: <http://www.ext.colostate.edu/pubs/garden/02902>





# Upcoming 4-H Meetings and Special Events

## Forums, Committees & Councils

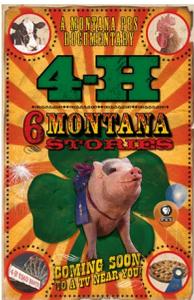
- **4-H Camp Counselor Planning Meetings:** *The remaining camp counselor meetings will be held at the 4-H Building on the Fairgrounds at 5:30-7:30pm, on Friday, July 20th.*
- **4-H Horse Committee:** *Monday, July 16th at 5:45 p.m. at the EBB 3rd Floor Conference Room.*
- **Teen Council:** *Teen Council is taking a break for the summer. We will resume meetings in September!*



We will have Flathead County 4-H Cookbooks Available at Fair for \$10. Many thanks to DeAnn Dutton, Shawna Floyd and the Cookbook team. More information will be in the August Newsletter.

## Upcoming Activities & Other Meetings

- ◇ **Hoof Trimming for Beef Projects:** *Sunday, July 1st at the Fairgrounds at 6:00 pm. Cost is \$15 per head.*
- ◇ **State 4-H Congress:** *July 10-13th, Bozeman, MT*
- ◇ **Fairgrounds Open House Event:** *Tuesday, July 17th. Begins at 6:00 pm. For all those needing enrollment help for the NWMT Fair.*
- ◇ **Flathead County Camp:** *July 23rd-26th, Darrell Fenner 4-H Camp at Loon Lake in Ferndale, MT.*
- ◇ **Record Check Off for Market Livestock Project Members:** *In the Extension Office between July 16-August 1st, 2012. Drug Withdrawal/Commitment to Excellence Forms due in the Office as well.*
- ◇ **Fair Entries due to Fair Office:** *No later than August 1st at 4:00 pm.*



The Montana 4-H PBS Documentary is scheduled to air on Monday, July 23rd at 8:00 pm!!!

This program will follow six young Montana 4-H'ers as they work through their projects.

Other air dates are:

Wednesday, July 25 at 1:00 am  
Thursday, August 2 at 7:00 pm  
Thursday, October 11 at 7:00 pm.

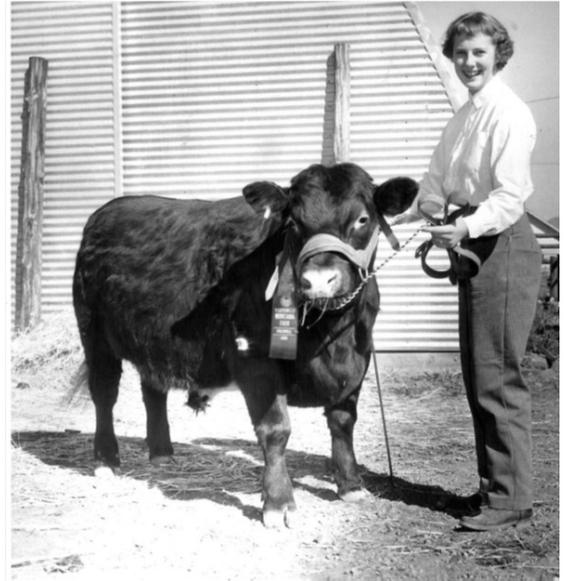
## Flathead County DISCOUNTS for 4H Members

- **Western Outdoor**– Provides a 15% discount to members for show clothing.
- **Murdoch's**– Provides a 10% discount on limited project items. Members must present a discount card to participate. If you need a 2012 discount card you can go to the store and provide them with either your current 4-H newsletter or your 2011 discount card. Murdoch's also has a feed program for 4-H and FFA members. Please contact the store directly for details.
- **CHS**– If you're purchasing feed through CHS for your market animal, you may want to stop by CHS for details regarding their "Champion of Champions" program. They have incentives available to those who participate.
- **"Frame It" Studio and Gallery**– located at 50 2nd Street East in Kalispell is offering all 4-H Members a 50% discount on matting and shrink wrapping photos and art for the NWMT Fair.



## A Heifer Named Madeline Begins a Family Legacy

It all started with a heifer named Madeline. After Jeanne Warner and her daughter Judy entered the Grandview Supreme 4-H Club in 1955, Judy was given Madeline. She had to prove she could take care of an animal so her first calf was this scrawny heifer, not the fat beef steer she had dreamed of. Madeline got every attention including being fed daily, washed and curled, and her horns and hooves painted with clear nail polish. Over the years she grew to be less than a beautiful animal, but every year at fair time she would leave the herd and stand at the gate mooing to be taken to the Fair so of course she went. Jeanne had quickly become a leader in the club and Judy eventually entered fat beef and breeding stock from the Two Creek Shorthorn Ranch in Whitefish, where they lived. Soon Jeanne's younger kids, Joe, K.C. and Dawn were all in 4-H. In those days, Fair time was in September and 4-H kids with animals were excused from school. They would get up at 4 am and soon the animals and the kids would be getting soaked with icy cold water on the wash racks. The animals' sides were combed in opposite lines to make beautiful curls and the tails were braided and tied up to make big fluffy bushes after they were dried and brushed. The steers had to be fat as possible and were fed great quantities of grain and molasses morning and night. If feeding time was missed by even 15 minutes, the steers would refuse to eat so they required a great deal of attention. Judy was small and remembers being dragged around the barnyard a lot trying to gentle these large strong steers and teach them to work quietly in the show ring. Judy went on win Reserve Champion Beef Showman in 1959 with Benny, a shorthorn.



Benny and Judy at the 1959 Northwest Montana Fair.



Grandview Supreme's Winning Float Entry in 1958.

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A great 4-H memory was the year Grandview Supreme won the best float award for the Fair Parade. The kids represented all of their projects with baby calves, piglets, lambs, rabbits and chickens all displayed on a low-boy truck. The piglet was "borrowed" from a pen and ended up getting into the wheel well of a car which required a great rescue effort.

Jeanne devoted over 50 years of her life to the Grandview Supreme 4-H Club and went on to become a Grand

## Special Edition Flathead County 4-H Heritage Families

Dame of 4-H and received national awards for her outstanding leadership. Among the many awards she received were the Montana State Silver Clover Award in 1960 and the Outstanding Service Award in 1995. Her kids received many awards and scholarships including the Chatcolab Leadership Camp and National trips to Washington D.C. Not only were her children in 4-H, but now her grandchildren and great grandchildren are participating as well. Jeanne said she couldn't estimate how many children, including her own four, she had watched progress through 4-H. She said it had to reach into the hundreds and they grew up to be good citizens with careers such as teachers, attorneys and farmers, all because of 4-H.

When the family gets together, they all talk about how 4-H taught them how to be hard workers, gave them confidence in speaking, organization, and social skills. Tara Norick, her granddaughter has been a 4-H leader for over 12 years continuing the practice of believing in kids' ability to achieve any goal and setting high expectations, thus continuing the legacy of hard work and receiving recognition. Tara's son Brandon completed 13 years in 4-H, travelling to the National Congress and across the US with the National Youth Technology Leadership Team. 4-H provided many of the experiences that shaped his future. There are currently 7 of Jeanne's great grandchildren active in 4-H with more to come. This family has four generations and over 57 years in 4-H and is still reaping the great benefits of 4H in their lives.



Jeanne Warner and great grandson Colin Norick at the fair in 2008

Thank you to Sue Schmidt for submitting this article regarding her family's 4-H heritage. If your family has three or more generations that have been involved in 4-H, nationally, within Montana, or within Flathead County, please contact us. We'd love to hear your story. For more information on the Montana 4-H Centennial or about Flathead County's 4-H program please call us at 758-5553 or email us at [extension@flathead.mt.gov](mailto:extension@flathead.mt.gov)



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### State Web Sites:

[www.msuextension.org](http://www.msuextension.org)

[www.montana4h.org](http://www.montana4h.org)

## SNAP Recipe of the Month



### Summer Fruit Salsa with Cinnamon Chips

Yield: 8 servings

Serving: 8 chips with ½ cup salsa

- 1 cup apple, cored and chopped into small pieces
- 1 cup fresh strawberries, chopped **OR** 1- 10 ounce package frozen strawberries
- 2 kiwi, peeled and chopped
- ½ cup crushed pineapple, drained (save 2 Tablespoons pineapple juice)
- 8 8 inch flour tortillas
- 2 tsp water
- 2 tsp cinnamon
- ¾ cup sugar

1. Chop all fruit. (Use food processor, if desired, but do not puree.)
2. Combine fruit with pineapple juice. Chill.
3. Preheat oven to 350°F.
4. Combine the 2tsp of cinnamon with the 3/4 cup of sugar (you can add more cinnamon if desired.)
5. Sprinkle tortillas with approximately 2 teaspoons water (or spray with water.)
6. Sprinkle each tortilla with cinnamon and sugar mixture.
7. Cut each tortilla into eight wedges and place on baking sheet.
8. Bake at 350°F for 6 minutes.
9. Cool on rack. Store in airtight container.
10. Serve tortilla chips with salsa.

**PER SERVING:** CALORIES 256 • FAT 3 G • PROTEIN 5 G • CARBOHYDRATE 53 G • FIBER 2 G • GOOD SOURCE OF VITAMIN C • LOW IN CHOLESTEROL AND SATURATED FAT

*Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.*

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