

CAREGIVER SUPPORT MATERIALS

Free Brochures

5 Tips to Avoid Caregiver Burnout
The Basics of Daily Care
Caregivers and Respite Care
Caring for the Caregiver
Sleeping Through the Night
Making Communication Easier
Reducing Restlessness and Anxiety
Making Mealtime Easier
Creating a Safe Environment
Enjoying Everyday Activities
Bathing and Personal Care
Managing Bladder and Bowel Problems
Dealing with Anger
Dealing with Wandering
Planning for Aging

Free Booklets

- Caring for Persons with Memory Loss and Confusion
- Caring for an Older Adult
- Planning for Aging

Books to Loan or read in our Lounge

Understanding the Changing Brain by Teepa Snow, Positive Approach to Care, LLC.

Dementia Caregivers Guide by Teepa Snow, Village Retirement Community.

7 Steps to Long-term Care Planning by Jennifer Crowley, Scott Company Publisher.

Videos to Loan or view in our Lounge

The Art of Caregiver (for those with dementia) by Teepa Snow, Positive Approach to Care, LLC.

The Journey of Dementia by Teepa Snow, Positive Approach to Care, LLC.

Progression of Dementia by Teepa Snow, Positive Approach to Care, LLC.

It's All In Your Approach by Teepa Snow, Positive Approach to Care, LLC.

Challenging Behaviors in Dementia Care by Teepa Snow, Positive Approach to Care, LLC.