

Alzheimer's & Dementia Free Workshop & Lunch

Day to Day Tools, Tips & Strategies

September 22nd, 9 am-4 pm

Attend any or all sessions as your schedule allows

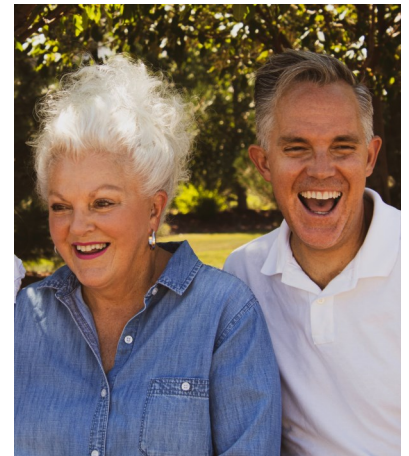
**Open to Anyone, including Community Members, Service Providers,
First-Responders, Family & Professional Caregivers**



Understanding
Dementia Behaviors



Caregiver Health &
Early Stage Programs



Communication
Strategies

To Register:

Call 406-758-2471 or

Email: meawilliams@alz.org

Location: Hampton Inn, 1140 US Hwy 2 W, Kalispell, MT 59901

Alzheimer's & Dementia Workshop

Friday, September 22nd, 2023

Hampton Inn, 1140 US Hwy 2 W, Kalispell, MT 59901

Agenda

9:00- 9:15	Welcome ALZ Staff and Planning Committee
9:15- 9:30	Caregiver Story, <u>Journey with Alzheimer's</u> , Herb Magley
9:30-10:00	Early Stage Programs presented by Jennifer Crowley, Eagleview West Life Care Planning
10:00-10:30	Effective Communication Strategies by Wally Walbruch, ALZ Volunteer
10:30-11:30	Understanding Dementia Related Behaviors Interactive problem solving session by Jennifer Crowley
11:30-12:00	Caregiver Self-Care by Dan Koltz, Ph.D., Gerontology Specialist, MSU Extension
12:00-12:45	Free Lunch
12:45- 1:15	Create Action Plans and Connect with Others Tutorial on ALZ Connected & ALZ Navigator
1:15- 2:30	Break Out Sessions
2:30- 3:00	Approaching ALZ for First Responders & Dementia and Driving Resource Kit
3:00	Presentation on Local Resources
3:30	Presentation on the Latest Alzheimer's & Dementia Research by Melanie Williams

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