

REMINDER:

Flathead County 4-H Large Livestock/Ag Committee Meeting - Thursday, March 5th @ 5:30pm

Flathead County 4-H Foundation Meeting - Thursday, March 5th @ 6:45pm
Both at the Fairgrounds



2015 4-H Interstate Exchange Spaghetti Supper & Dessert Auction



Friday, March 20th, 2015

WHERE? - Under the Grandstand at THE FAIRGROUNDS —NEW LOCATION**

WHAT TIME? - Dinner starts AT 5:30pm, auction starts at 6:00pm

WHO SHOULD ATTEND? - EVERYONE is invited and encouraged to attend. This event is open to all our friends & family, so invite everyone you know!

The 4-H club with the highest percentage of member attendance will win \$50 towards a club pizza party.

WHAT HAPPENS AT THIS EVENT? - A bunch of really awesome folks come together and fellowship with long-time & new friends as 4-H kids serve up a great spaghetti supper. We talk, laugh, eat, then we auction off some of the most AMAZING pies, cakes, cookies, candies and more. It's a TON of fun so don't miss it!!



IS THERE A COST? - Tickets are \$6 each or \$20 for a family of 4.

All proceeds go toward hosting 4-H members from other states and sending 4-H members from the Flathead to different states. All with the goal of making new 4-H friends, obtaining life-skills, exchanging thoughts & ideas and creating lifelong memories.



NEW 4-H Club starting in Coram All are welcome!!

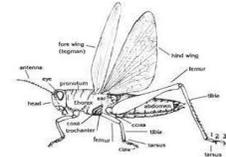
First informational meeting will be on Thursday, **March 12th at 4:30** at the Canyon Community Church in Coram.
For more information, call KelleySue at 862-5000



The Flathead County 4-H Entomology Club is now OPEN for new & re-Enrollment!

Have you ever chased butterflies, collected fireflies, played with centipedes or stared at ladybugs?

Insects are the largest group of animals on earth with nearly one million different kinds. The Flathead County 4-H Entomology Club will help you investigate these creepy crawlies and discover an entirely new world.



Entomology members will explore the abundant gardens and natural environment of the Flathead. They'll even find and identify insects and collect and pin them for their own collection.

The 4-H Entomology Club will meet one to two times a month beginning **Saturday, March 7th** in the 4-H building on the fairgrounds from **1:00-3:00**.

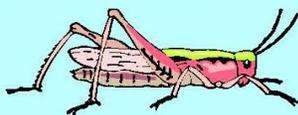
Tentative schedule below:

- Mar 7 - welcome & orientation
- Mar 21 - local field trip - *travel on your own*
- Apr 11 - Review of field trip: Identification & discussion.
- Apr 25 - local field trip - *travel on your own*
- May 9 - Review of field trip: Identification & discussion.
- May 23 - local field trip - *travel on your own*
- Jun 13 - local field trip & meeting - *travel on your own*
- Jul 11 - Butterfly biology
- Jul 18 - local field trip - *travel on your own*
- Aug 8 - Review of field trip: Identification & discussion.
- Sep 12 - end of season review & wrap-up.



There are Entomology project books at the Extension office that you can purchase for under \$5. Also, plan for some nominal costs for materials & supplies. *Supply costs dependent on the type of materials you wish to obtain. Leaders will discuss this during the 1st meeting.*

This club is open to everyone 8yrs old & up. Call Entomology leader Richard Hardesty (212-0491) for specific information.



Omocestus viridulus

Contact the Extension office right away to sign-up

extension@flathead.mt.gov or 758-5553

*There are more insects in the world than all other living things combined --
Come join us to learn more!*

What's happening with the goats??

Dear 4-H Community,

The following is an update regarding the Market Goat 4-H project and Market Goats selling in the upcoming NWMT fair livestock sale, as of 2/25/15:

- 4-H has had an active market goat project for many years.
- The NWMT fair has a 4-H market goat division.
 - The 4-H goats are the only existing market livestock at the NWMT fair that is not included in the 4-H livestock sale.
- On Oct. 15, 2014, the Kalispell Chamber of Commerce Agribusiness Sub-Committee met to discuss the Stock Sale. During that meeting, 4H and FFA were asked to work with the Fair Manager to make recommendations to the Agribusiness sub-committee regarding adding goats as a new species to the sale.
- On Dec. 4, 2014, the 4-H Ag Committee met and discussed the existing 4-H market goat project and the option of adding the goats to the sale. At that time, the NWMT Goat Superintendent shared an update as to where she and the Fair Manager were with regards to the logistics of adding the goats to the sale, and what that might look like.
 - On Dec. 4, 2014, the 4-H Ag Committee voted to support 4-H goat members in having their goat projects added to the market sale. On that same evening the Flathead 4-H Foundation also met and discussed the situation. They too voted to support the goat 4-H members by having their goat projects added to the NWMT market sale.
- On Feb. 13, 2015, members of the Kalispell Chamber of Commerce Agribusiness Sub-Committee met to discuss the goats and criteria for adding a new species to the livestock sale. Those present were Mark Campbell, *Fair Manager*; Justin Heupel, *FFA Advisor*; Mark Lalum, *Chair of Kalispell Chamber Agribusiness Committee*; Joe Unterreiner, *President of Kalispell Chamber*; Tammy Walker, *Flathead 4-H Extension Agent*; and Steve Siegelin, *MSU Extension Western Region Dept. Head*.
 - During this meeting, Mark Campbell presented a draft entitled *Market Livestock Sale – Considerations for Inclusion*.
 - After much discussion, and a few recommendations, Mark Campbell agreed to resubmit an updated draft to the 4-H community, the FFA community, the Chamber and Agribusiness Committee for review. He then will take a final draft and all recommendations to the NWMT Fair Board for final review.
- The draft document entitled *Market Livestock Sale – Considerations for Inclusion* will be reviewed by the 4-H community on March 5th, during the 4-H Ag Committee meeting and again during the 4-H Foundation meeting.
- The Chamber Agribusiness Stock Sale Sub-Committee will review the document along with any 4-H & FFA recommendations on March 6, 2015. They will then make their own recommendation.
- Mark Campbell will then submit a final draft and report all recommendations to the NWMT Fair Board during their meeting on March 12th. The NWMT fair board will make the final decision regarding the criteria for adding market livestock to the existing NWMT fair livestock sale, and whether the goats meet those criteria.



Please let me know if you have any questions,

Tammy Walker

4-H & Youth Development Agent

MSU Extension, Flathead County



4-H Shooting Sports

Learn by Doing



Muzzle Loading Shooting Sports - starts March 15
If you're 12yrs or older and you're interested, call Randy Burns at 755-1262 for more information.

4-H shotgun project begins Sunday, March 29, 1:30-3:30

If you're 12-18yrs old, grab your safety glasses, ear plugs, appropriate shotgun and 2 boxes of ammo (7-1/2 or 8 shot, 7-1/2 preferred) and plan to meet at the Bigfork Gun Club. \$30 fee. Contact Dale or Marlene Probert for more info- fourmnms@centurytel.net or call @ 406-253-3435.



Flathead Shooting Sports Awards Ceremony

April 26 from 2:00-4:00pm

Country Kitchen on Fairgrounds

Please Bring a Dessert

Flathead County 4-H Congress

REGISTRATIONS NEED
TO BE SUBMITTED TO
THE EXTENSION
OFFICE BY MONDAY
APRIL 20TH



HEY!!
Juniors, Seniors AND
Cloverbuds...
DON'T MISS
FLATHEAD COUNTY'S
4-H CONGRESS

4-H Congress provides youth from across the county an opportunity to come together and participate in an event like no other.

At Congress, 4-H members will learn, compete, be challenged and most of all have a great time with their peers. Congress is an important educational opportunity for our county's 4-Hers and is the signature event for the Montana 4-H Program.

The purpose of Congress is to provide a safe and fun environment for youth to experience public speaking opportunities that will help them throughout their lifetime.

WHEN & WHERE??

Saturday, April 25th,
from 9:00 am-2:30 pm

*(all participants should arrive by 9:00am to register—
judging starts at 9:30 am)*

Central Bible Church
902 1st Ave East In
Kalispell.

****Lunch will be on your own this year.**
Award ceremony will begin at 1:00.



2014 Hand-to-Heart Award

Awarded at Flathead County 4-H Congress Event On Saturday, April 12th

Application Deadline = Friday, April 10th, 2015

Flathead County Extension Office



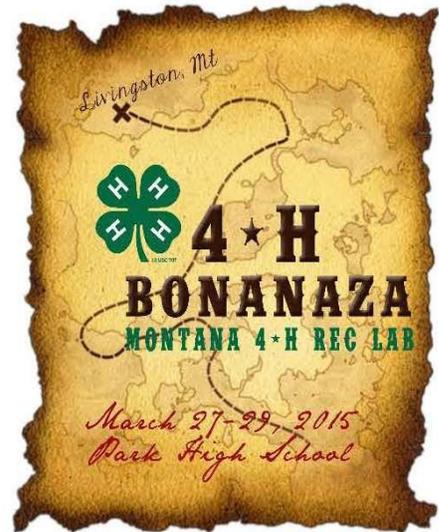
This award has two age divisions, 4-H ages 8-10 and 11-13 (*member's age as of Oct. 1, 2014*). Applicants are required to interview for this award. You will be notified of your interview time previous to the event. Remember to dress as if you were going to a job interview. A Grand and Reserve Champion will be selected in each age division and awards will be given out on April 25th, 2015. Entry forms can be downloaded from the county website at:
www.flathead.mt.gov/extension/downloads.php

Registration forms can be downloaded from the county website at: www.flathead.mt.gov/extension/downloads.php
Registration due to the Flathead Ext. Office by **March 5th**.

FROM: 2015 Rec Lab Committee

RE: Rec Lab Registration

County Agents, Leaders and Teens from District 6 look forward to hosting the 2015 Rec Lab, "4-H Bonanza – Striking it Rich in 4-H!" in Livingston March 27-29, 2015. The registration fee is \$80, which includes lodging, t-shirts, snacks and meals. Some workshops may have additional fees. Montana 4-H Rec Lab is open to **youth 13 years of age or older as of October 1, 2014**



All those who are at least 13yrs as of Oct. 1, 2014 are eligible to attend the

2015 Montana Rec Lab

Registration forms can be downloaded from the county website at:
www.flathead.mt.gov/extension/downloads.php

We will need a couple chaperones for this event, so adult leaders please also look this info over and let the Extension office know if you would be able to help.

"4-H Bonanza" is March 27-29, 2015

Livingston, MT

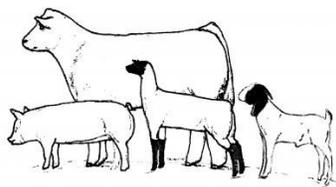
Registration Deadline: **March 5th** ~~ Cost: \$80.00

VISITORS

PLEASE RESPECT FARM BIOSECURITY

Biosecurity is everyone's responsibility....

- Purchase test-negative animals from test-negative herds
- Isolate herd additions downwind and downstream for at least 30 days
- Use and maintain foot bathes for human traffic
- Minimize farm visitors and control their movements
- Require fellow farmers to wear clean boots and clothing on your farm
- Use fences to decrease access to areas of possible disease transmission
- Have hand washing stations readily available at multiple sites
- Use wind breaks to minimize airborne transmission of disease
- Keep sick animals in an isolation area; do their chores last
- Work with your veterinarian to develop an effective vaccination program and use it
- Minimize animal stress
- Provide adequate quality and quantity of nutrition
- Practice excellent farm sanitation
- Do not use manure-handling tools for feed handling
- Remove and compost manure
- Do not spread manure on pasture
- Do not overcrowd animals
- Provide good quality air through adequate ventilation
- Disinfect equipment, facilities, instruments, tools and clothing
- Use protective clothing (rubber boots, coveralls)
- Keep a closed herd if possible
- Control flies, mice, cats, birds, etc.
- Avoid sales, shows and auctions
- Provide shelter
- Separate animals by age groups after weaning
- Do not feed directly on the ground
- Allow as much access to sunshine as possible
- Control parasites
- Provide clean water at all times



Livestock Quality Assurance, Seminars, Tagging & Weigh-ins

All 4-H members doing livestock projects must attend LQA **once as a junior and once as a senior** (Jr. members = 8-12; Sr. members = 13-18 as of Oct. 1, 2014).

This year's LQA trainings will be combined with species seminars.

- There will be a **Hog Seminar on March 18th** at 6pm in the Country Kitchen on the fairgrounds.
- There are two opportunities for **Sheep Seminar**: one on **March 25th** or **April 16th**, both at the FFA Vo-Ag Center at 6:30.

Beef weigh-in = Monday, April 13th ~ Hog tagging & weigh-in = Monday, April 27th ~ Lamb tagging & weigh-in = Monday, May 18th

CL^{VER}BUDS

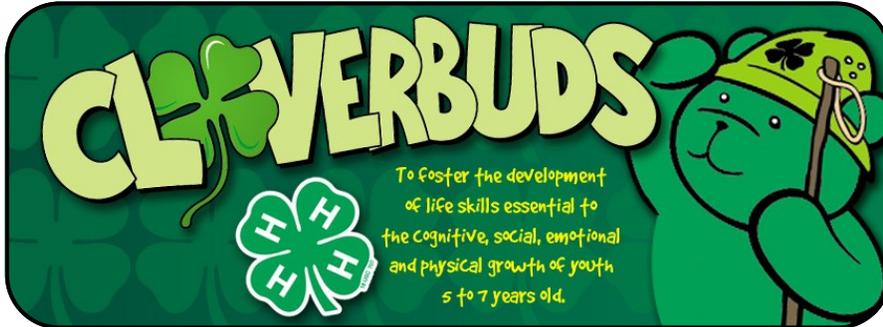
“Cloverbuds” are kids 5-7yr olds who do fun 4-H stuff!

Our next two County Cloverbud Meetings will be on Thursday, **March 19 & April 16**: both from 5:30-7pm in the little 4-H building on the Fairgrounds.

****you can bring a snack if you want****

We're going to be working on our papier-mâché projects, so mark your calendars and

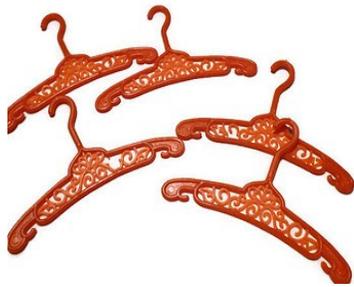
Come Join us!!



4-H DOG PROJECT Meeting

March 19th at 7:00pm At the Helena Flats School Cafeteria.

For more info, contact Lori Franke at 755-6262 or LoriFranke@tuscortnet



4-H Show Clothes Swap!

Bailey Lake and Anna Morrison have teamed up and are working on a show clothes swap. The intent of the project is to collect show clothes (black pants, white shirts, boots, belts, and more) from local 4-H members who have outgrown them. Items will be stored and as the fair approaches, Bailey and Anna will designate a time and place for 4-H members to shop through the collected items for use at the upcoming fair. Items will be sold on a donation basis and donated funds will be designated to a local charity. If you have questions please contact Inga Lake at 261-3807. If you have clothes to donate, they may be dropped off at Agape' Home Care 40 Appleway Drive, Kalispell, MT, M-F, 8am-5pm. Thanks ~ Bailey Lake and Anna Morrison.

4-H Mystery at the Lake



June 5, 6 & 7, 2015
 Camp begins at 3pm on Friday, and closes noon Sunday
 Darrell Fenner 4-H Camp · Loon Lake · Ferndale

Share in the exciting experience of
 Cloverbud Camp with your child!

*Youth camper must be accompanied by a
 parent or guardian to Cloverbud Camp.*

To request a disability accommodation or to inform us of special needs, please contact the MSU Lake County Extension Office at 676-4271.



Ages 6-8

Swimming

Hike

Family Time



Games

Crafts



The Montana State University Extension Service is an ADA/EO/AA/Veteran's Preference Employer and Provider of Educational Outreach.

Cloverbud Camp Registration (Due May 29)



Child # 1's Name _____ Age ____ Male Female

Child # 2's Name _____ Age ____ Male Female

Address _____ County _____

Phone _____ E-mail _____

Name of Adult Chaperone _____ Male Female

Address _____

Home Phone _____ Cell Phone _____

Emergency Contact _____ Phone _____

Fee: \$110 for one youth camper and one adult (\$50 for each additional youth or adult). Full refunds before June 1, 1/2 refunds after. Make checks payable to Lake County Extension.



Send registration and fee to the MSU Lake County Extension Office, 300 Third Ave. N.W., Ronan 59864. Call 406-676-4271 for more information.

SAVE THE DATE!! - July 20-July 24, 2015



Flathead County 4-H Camp

For those Age 8-12yrs old (as of your age on Oct. 1, 2014)

Apply by going to the county 4-H website at <http://flathead.mt.gov/extension/downloads.php>

Fees: \$110.00 for existing 4-H Members, \$125.00 for all others
**scholarships available*

Accepting 4-H Camp Counselor Applications NOW!!

Apply by going to the county 4-H website at <http://flathead.mt.gov/extension/downloads.php>

In the 4-H section you'll see the "camp" file. Click on that for the "Camp Counselor" application. Print, complete and submit to the Extension office before March 16.

2015 Camp Dates: July 20-24

Camp Counselor Planning Meeting Dates:

***Counselors are expected to attend the following planning meetings*

- Thursday, April 23rd - 5:30-7:30pm
- Tuesday, May 5th - 5:30-7:00pm
- Thursday, May 21st - 5:30-7:00pm
- Thursday, June 12th - 5:30-7:00pm
- Tuesday, June 2nd - 5:30-7:00pm
- Thursday, June 18th - 5:30-7:00pm
- Tuesday, July 14th - 5:30-7:00pm



Counselor Applications must be completed & returned to the Extension Office by **Monday, March 16, 2015.**

All applicants will be interviewed sometime during the week of March 23-27 and will be notified of their standing by the 2nd week of April.

Counselors must be at least 13yrs old by Oct. 1, 2014.

The fee for campers for the week is \$110. Counselors will have this fee waived; however, in the event that a counselor is dismissed due to disciplinary action, he/she will be expected to pay this fee in full. Newer counselors will be paired with more experienced counselors in order to obtain continued training. Adult counselors will also be present at all times.

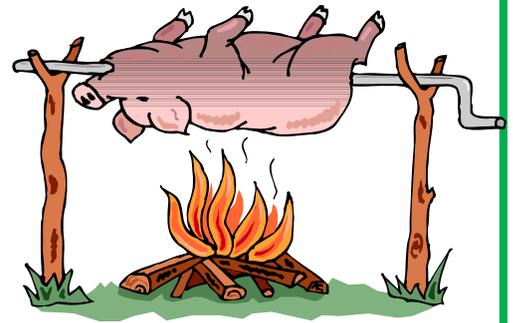
SAVE THE DATE!

Saturday, Sept. 12



The 2014-2015 4-H Achievement & Adult Leader Awards Banquet will be held on Sat. Sept. 12th in the Expo building on the fairgrounds.

Plan to bring a few pot luck items and your entire family, and join fellow club members in support of all those who will be receiving awards.



Harvest for Hunger is March 1st - 20th

CHS is donating all food and money raised to the Flathead Vet Pantry, and the North Valley Food Bank.

Their goal is to raise either 2,000 pounds of food or \$5000, whichever it equates to.

The 4-H group that brings in the most weight in canned food by March 14th gets a \$100 CHS Country Store gift card. The gift card will go to the club leader, and it can be used for 4-H club activities/events/materials/supplies.

They will measure the food on March 14th at 10 a.m. And they're also having their "fun day" at CHS on March 14 from 12-2. Lunch will be provided. They will have an animal kissing booth and the CHS managers will kiss animals for money or food donations.

CHS hopes to see everyone on March 14th with a ton of food!!





Upcoming 4-H Meetings and Special Events



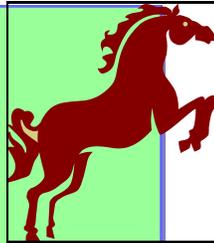
Forums, Committees & Councils

- **Horse Committee:** *Mon, March 2 at 5:45pm 2nd floor of Earl Bennett Bldg.*
- **Ag/Livestock Committee:** *Thursday, March 5th at 5:30pm in the 4-H Building at the fairgrounds*
- **Flathead 4-H Foundation:** *Thursday, March 5th at 6:45pm in the 4-H Building at the fairgrounds*

Upcoming Activities & Other Meetings

- ◇ **Montana Rec Lab registration due:** *March 5*
- ◇ **Entomology club starts:** *Saturday, March 7; 1-3 at the fairgrounds.*
- ◇ **Hog Seminar:** *Wednesday, March 18 from 6-8 pm at the Fairgrounds.*
- ◇ **Rec Lab:** *March 15th - Muzzleloading starts*
- ◇ **County Cloverbud mtg** *March 19*
- ◇ **Interstate Exchange Spaghetti Supper & Dessert Auction:** *Friday, March 20*
- ◇ **Rec Lab:** *March 27-29*
- ◇ **4-H Shotgun project begins:** *March 29*
- ◇ **Beef weigh-in:** *Monday, April 13.*
- ◇ **County Cloverbud mtg** *April 16*
- ◇ **Hand-to-Heart Award application due:** *April 25*
- ◇ **Flathead County Congress:** *April 25th*
- ◇ **Shooting Sports Awards Dinner:** *April 26*
- ◇ **Hog tagging & weigh-in:** *Monday, April 27.*
- ◇ **Horse Camp:** *May 2-3.*
- ◇ **Loon Lake Camp Clean-Up:** *May 9.*
- ◇ **Sheep tagging & weigh-in:** *Monday, May 18.*
- ◇ **Cloverbud Camp** *June 5-7*
- ◇ **State Congress:** *July 7-10 in Bozeman.*
- ◇ **Flathead 4-H Camp:** *July 20-24*
- ◇ **NW MT Fair:** *August 15-22.*
- ◇ **4-H Awards Banquet:** *September 12*

All 4-H horse project members must attend at least one county horse seminar before August to be eligible for competition.



UPCOMING HORSE SEMINARS

March 7 or March 8

Mike Osinski will be teaching dressage on March 7 from 7:15 am to 5:30 pm and on March 8 from 7:15am to 2pm. In order to get credit for the clinic, you will need to attend at least 2hrs. call Sally Anderson at 212-1231.

March 8 at 3pm

The Ins & Out of Trail
Mooring Road Arena

1st 10 to respond can participate mounted; all others will watch

Call Codi Sorenson for more info: 250-6865

May 2-3

Horse Camp
SAVE THE DATE

May (date TBD)

Confirmation and Basic Horsemanship
Mounted at RMR Arena



MSU Extension Service – Flathead County

Patricia McGlynn

Agriculture, Natural Resource & Community
Development Extension Agent

Tammy Walker

4-H & Youth Development Agent

Dee Dryden-Cooper

Support Staff

Nancy Roberts

SNAP Educator

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1108 South Main Street
Kalispell, MT 59901

Phone: (406) 758-5553

Fax: (406) 758-5881

Email: extension@flathead.mt.gov

Web: <http://flathead.mt.gov/extension>

State Web Sites:

www.msuextension.org

www.montana4h.org

SNAP Recipe of the Month



Smoky Butternut Squash Soup

Serves 8

Ingredients:

4 slices bacon
2 garlic cloves, minced
3 lbs. (2 small) butternut squash
 $\frac{3}{4}$ tsp salt, or more to taste
3 TBSP unsalted butter
3 $\frac{3}{4}$ cups chicken stock or low
sodium chicken broth
2 large onions, coarsely chopped
2 small carrots, halved lengthwise and
thinly sliced 2 TBSP thinly slivered
fresh sage, or
2 small celery stalks, thinly sliced
2 tsp dried
 $\frac{1}{4}$ tsp freshly ground pepper



Directions:

In a Dutch oven, or a large heavy pot; cook the bacon over med-low heat, stirring occasionally, until golden brown and crispy. Using a slotted spoon, transfer the bacon to a paper towel and crumble the bacon. Meanwhile, cut the butternut squash in half lengthwise and scrape out the seeds. Cut each half lengthwise in half again and using a sharp paring knife, peel the squash. Cut the squash in $\frac{3}{4}$ chunks. Melt the butter in the pot over medium heat. Add the onions, carrots, celery, garlic and $\frac{1}{4}$ tsp salt and cook, stirring until the onions are translucent; 10 to 12 minutes. Add the squash and stock and bring to a simmer stirring occasionally until the squash is very tender, about 15 minutes. In batches, puree the soup in a blender until smooth and return to the pot. Put in the sage and season with remaining $\frac{1}{2}$ tsp salt and the pepper. Reheat over medium heat, stirring occasionally until hot. Ladle into bowls and sprinkle some of the crumbled bacon in the center of each serving. Very delicious.

Nutrition Facts:

Calories:	397	Carbohydrates:	20.2	Cholesterol:	83mg
Fat:	33.4	Fiber:	3g	Protein:	7.7g
				Sodium:	1051mg

Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.