

What are the Needs of our Future 4-H Programming?

The Extension office is conducting a county-wide *Needs Assessment* of the Flathead. In order to gather as much information as possible, from as many sources as possible, there will be 3-teams of MSU Extension faculty joining us to make this happen. The duty of the teams will be to spend three days in the Flathead gathering information and synthesizing needs.

Methods for collecting data will be:

- online survey – open to all Flathead residents. **Please click here and complete survey:**
<https://www.surveymonkey.com/s/FlatheadCoExtNeeds>
- one-on-one interviews with community leaders & stakeholders,
- focus-group discussions on specific topics,
- a “youth-only” town hall meeting and
- an open county town hall meeting

(both Town Hall mtgs will be on Tuesday, Nov. 18th in the Expo bldg – see next page for more info)

On **Monday, November 17th at 5:30pm**, all 4-H Leaders are all strongly encouraged to participate in a focus group that is 4-H-specific. This meeting will take place at the Loon Lake 4-H Camp (*facilitated by one of the MSU Extension teams*). During this meeting there will be specific discussions about our current 4-H programs, structure, and future needs of our 4-H program.

What are the needs of youth in the Flathead? How can 4-H help meet those needs? Is our 4-H structure ready for a population of over a 1000 members? Are there programmatic or structural changes needed to address a growing population of members?

If at all possible, please make plans to attend one or more of the following meetings. *All will be facilitated by visiting Extension staff...*

- 4-H focus group at Loon Lake 4-H Camp on **Nov. 17th at 5:30pm**
- Youth-Only Town Hall meeting on **Nov. 18th at 4:30pm** in the Expo bldg. on the fairgrounds (*plz RSVP for this one so we know how many pizzas to get*)
- Open-County Town Hall meeting on **Nov. 18th at 6:30pm** in the Expo bldg on the fairgrounds (*see next page for more info re: both town hall mtgs*)





WHEN? Tuesday, Nov. 18th
4:30-6pm

WHERE? Expo Bldg on the
Fairgrounds

WHO? Calling all youth 12-19yrs! Come out to the fairgrounds for some pizza and good conversation about the future of youth programming in the Flathead.



What do Flathead kids want for the Flathead?

All youth age 12-19yrs are invited to join-in a discussion about the future of 4-H youth programming in the Flathead. Come to the Expo bldg. on the fairgrounds on Tuesday, Nov. 18th at 4:30 for pizza and a **“kids only”** conversation.

Be sure to RSVP to 758-5553 so we can get your pizza ordered.

Also, go to this website to share more of your thoughts:

www.surveymonkey.com/s/FlatheadCoExtNeeds

After the “kids-only” Town Hall meeting there will be another meeting for everyone in the Flathead community. This one will go from 6:30-8:30pm and all youth are encouraged to stay for that one too!!



The U.S. Department of Agriculture (USDA), Montana State University and the Montana State University Extension prohibit discrimination in all of their programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital and family status. Issued in furtherance of cooperative extension work in agriculture and home economics, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture, Jeff Bader, Director of Extension, Montana State University, Bozeman, MT 59717

Be sure to add your voice!!



WHEN? Tuesday, Nov. 18th
6:30-8:30pm

WHERE? Expo Bldg on the
Fairgrounds

WHO? Calling ALL Flathead residents to come join us for a round-table discussion about the future of Extension programming in Flathead County.



What are the needs of residents in Flathead County?

ALL Flathead County residents are encouraged to attend this round-table discussion about the future of Extension programming in the Flathead.

What are the needs of Flathead County residents?

How can Extension programming help to meet those needs?

Please go to this website to share more of your thoughts: www.surveymonkey.com/s/FlatheadCoExtNeeds

*Come and add your voice to the conversation on
Tuesday, Nov. 18th at 6:30pm
in the Expo Building on the Fairgrounds.*



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Enrollment Process for Flathead 4-H Shooting Sports

ALL SHOOTERS - new & returning ~~~ plan to be at the shooting sports orientation meeting on **Nov. 17th at 7pm in the Expo bldg. on the fairgrounds**. ALL MEMBERS should plan to attend in order to receive updated information regarding the new shooting year.

The first night of shooting will be on Thursday, November 20th. **No one will be allowed to shoot unless all their paperwork has been completed.**

There will be no shooting on Thanksgiving. There will be no shooting from Dec. 22-Jan 2. Shooting will resume after the holidays on January 5th.

Please call Kristi Davis if you have any questions: 253-4303
davisgka@gmail.com



4-H Shooting Sports

Learn by Doing



GIFT WRAPPING AT MURDOCH'S

During the holiday season, many clubs participate in gift wrapping at Murdoch's as a fundraiser. If your club would like to take part, please call Chris Scott at 261-9454 to reserve your club's spot.



Club Treasury Reports were Due to the Extension Office on Oct. 28th

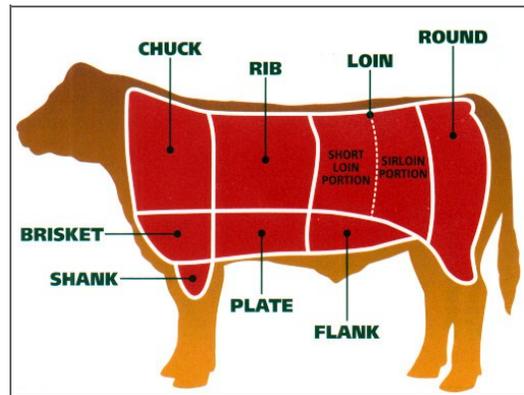
All club treasury forms need to be signed by your club treasurer and by two other individuals from two different families to certify that the records are correct.

Please call the Extension Office at 758-5553 for any questions.



Beef Tagging & Weigh-in

The 4-H beef weigh-in & tagging will be on Saturday, December 6th from 10:00-12:00 at the Fairgrounds.



BEEF SEMINAR

There will be a beef seminar for those planning to take a steer to the fair on **THURS, Nov 6th** under the grandstand building on the fairgrounds at 5:45pm.

All beef project members, parents & leaders are strongly encouraged to attend, but those who are taking the beef project for the 1st time **MUST** attend.

If you're even thinking about taking a beef project (but aren't sure yet) and this is your first time, be sure you attend this meeting.

FOODS FAIR PLANNING MEETING

There will be a Foods Fair planning meeting on **Weds, Nov 12th** at the 4-H building on the fairgrounds from 5:30-6:30pm (*same night & location Project Interviews*).

If your club is planning to participate in foods fair (or thinks that there's even a chance that they will be participating), please send a representative from your club to this meeting.



Project Interviews

4-H Projects



Once you've completed your project/record books for the 2013-2014 4-H year and your

leader has signed-off on your work, you are eligible and encouraged to take part in *Project Interviews*. Interviews are given by 4-H volunteer leaders who are excited to hear about your projects highlights and accomplishments.

Pick-up the one-page *Project Interview* application in the office or print from flathead.mt.gov/extension. Applications due **Wednesday, November 5th** to the Extension Office. Interviews will be held in the 4-H Bldg on the Fairgrounds on Wednesday, November 12th from 3:00-5:00 & from 6:30- 7:30pm.



Upcoming 4-H Meetings and Special Events



Upcoming Activities & Other Meetings

- ◇ **Project Interviews:** *Weds, Nov. 12th from 3-5pm & 6:30-7:30pm—fairgrounds.*
- ◇ **Foods Fair Planning Mtg:** *Weds, Nov. 12th from 5:30-6:30pm—fairgrounds.*
- ◇ **Shooting Sports New Member meeting:** *Monday, November 17th at 7:00pm in the Expo Bldg on fairgrounds.*
- ◇ **4-H Leaders' Focus Group Discussion:** *Monday, November 17th at 5:30pm at Loon Lake 4-H Camp.*
- ◇ **Youth-Only Town Hall Mtg:** *Tuesday, November 18th at 4:30pm at Expo Bldg on Fairgrounds.*
- ◇ **Open-County Town Hall Mtg:** *Tuesday, November 18th at 6:30pm at Expo Bldg on Fairgrounds.*

Forums, Com- mittees & Coun- cils

- **Ag/Livestock Committee:**
Thursday, Dec. 4th at 5:30pm in the 4-H Building at the fairgrounds
- **Flathead 4-H Foundation:**
Thursday, Dec. 4th at 6:45pm in the 4-H Building at the fairgrounds
- **Horse Committee:** *Mon, Dec 1 at 5:45pm at the Extension office.*



Market Livestock Buyer “Thank You”

Don't forget to thank your award sponsors and your buyers. The success of the Livestock Sale depends on the kindness of community businesses and individuals, and it's important that we thank everyone for their generosity.

If you haven't already done so, you can pick up your photo for your buyer's thank you at the Extension Office. Once a member delivers a “thank you” photo/gift to their buyer, they must return the signed confirmation form to the Extension Office by **December 1, 2014.**



MSU Extension Service – Flathead County

Patricia McGlynn

Agriculture, Natural Resource & Community
Development Extension Agent

Tammy Walker

4-H & Youth Development Agent

Dee Dryden-Cooper

Support Staff

Nancy Roberts

SNAP Educator

Address:

1108 South Main Street
Kalispell, MT 59901

Phone: (406) 758-5553

Fax: (406) 758-5881

Email: extension@flathead.mt.gov

Web: <http://flathead.mt.gov/extension>

State Web Sites:

www.msuextension.org

www.montana4h.org

SNAP Recipe of the Month



Pumpkin Bread

Makes: 2 loaves or 30 muffins
Prep Time: 20 mins.
Cooking Time: 60-75 mins. 20 mins.
for muffins



Ingredients:

Nonstick cooking spray	
$\frac{3}{4}$ cup applesauce, unsweetened	
2 tsp. baking powder	1 $\frac{1}{4}$ cup sugar
2 cups all-purpose flour	$\frac{1}{2}$ cup vegetable, canola oil
2 $\frac{1}{2}$ tsp. pumpkin pie spice	1 tsp. baking soda
2 cups whole wheat flour	4 eggs
1 (15 oz.) can pumpkin	$\frac{1}{2}$ tsp. salt
$\frac{1}{2}$ cup non-fat dry milk	$\frac{1}{2}$ cup water

Directions:

Preheat oven to 350 degrees F.
Spray two loaf pans or muffin tins with nonstick cooking spray.
In a large bowl, mix flour, non-fat dry milk, sugar, baking soda, salt, baking powder, and pumpkin pie spice.
In a second bowl, beat pumpkin, applesauce, oil, eggs, and water until blended.
Add pumpkin mixture to flour mixture and stir with a spoon just until moistened. Do not over mix.
Pour batter into two loaf pans or muffin tins. Fill the pans or muffin tins no more than $\frac{2}{3}$ full.
Bake loaves for 60-75 minutes or muffins for 20 mins., or until a toothpick inserted into the middle comes out clean.
Cool on a rack and remove from pans after 10 mins.
If not eaten right away, wrap the loaves or muffins in foil or a plastic bag and store in the freezer. Thaw for 15 seconds in microwave or overnight in refrigerator.

Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.

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