

## CONGRATULATIONS

The following 4-H'ers brought home Champion Awards during this year's Flathead County Congress competitions:

### 2012 County Congress Grand Champion Placings

<u>Platform</u>	<u>Name</u>	<u>Award</u>
Citizenship	Kali Brubaker	Jr. Grand Champion
Creative Writing	Kennedy Brown	Jr. Grand Champion
Fashion Revue	Moriah Venable	Sr. Grand Champion
Health	Hattie Emslie	Jr. Grand Champion
Horse	Cortnee Anello	Jr. Reserve Champion
Horse	Moriah Probert	Sr. Grand Champion
Human Development	Tierra Johnson	Jr. Reserve Champion
Livestock	Damon Maitland	Sr. Reserve Champion
Pet Care	Tristan Smith	Jr. Reserve Champion
Public Speaking	Colin Norick	Jr. Grand Champion
Public Speaking	Colter Norick	Sr. Grand Champion
Safety	Cassidy Norick	Jr. Grand Champion
Vet Science	Kelsey Wright	Jr. Grand Champion
Crafts - Jr. Division	Melissa Maitland	Jr. Grand Champion
Crafts - Jr. Division	Tierra Johnson	Jr. Reserve Champion
Crafts - Sr. Division	Amber Pickering	Sr. Grand Champion & Sr. Reserve Champion
Art - Jr. Division	Miranda Lauria	Jr. Reserve Champion
Art - Jr. Division	Tehl King	Jr. Grand Champion
Art - Sr. Division	Amber Pickering	Sr. Reserve Champion & Sr. Grand Champion
Photography - Jr. Div.	Colin Norick	Jr. Reserve Champion & Jr. Grand Champion
Photography - Sr. Div.	Brittany Bosley	Sr. Reserve Champion
Photography - Sr. Div.	Colter Norick	Sr. Grand Champion

### *2012 County Congress* **WHAT A SUCCESS!!!**

About 90 people came out to compete and/or support their favorite 4-H'er. Of those who completed the survey, 97% said that they would recommend participating in Congress to someone else. If you weren't able to make it, plan on joining us next year. Having you there will make it even BETTER! :-)

For a comprehensive of list of all award winners, please visit the Flathead County 4-H Website at: <https://flathead.mt.gov/extension/>. Click on Downloads and then on 4-H Event Results.

## **CAMP CLEAN-UP DAY & POTLUCK AT DARRELL FENNER 4-H CAMP**

Saturday, May 19th — Plan to bring a potluck item and meet at 10:00 am; the camp will provide beverages and burgers for lunch. Bring shovels, rakes, wheel barrows, shop vacs and any other useful tool for the job. We should be finished by around 4:00 pm. **BE SURE TO CALL** the Extension Office and let us know how many in your group to plan for lunch. 758-5553





## CAUTION!! WATCH OUT FOR CONTAMINATED COMPOST

Now is a good time to add organic matter to your garden but you must be careful where your manure and compost originates. If a horse or a cow eats hay that has been sprayed with herbicides for weed control, the manure that results is still toxic to your garden even after it has been composted for a year or more. Flathead County residents brought in dozens of vegetable and ornamental plant samples to the Extension office that were diagnosed with herbicide related injuries or death. Many farmers are feeding their horses or cows hay that has been purchased off site. Sometimes they do not know how the cows and horses can also pick up herbicides by ingesting grass along roadsides that have been treated.

Susceptible plants show symptoms consistent with exposure to a class of herbicides known as 'plant growth regulators.' Tomatoes and potatoes are often the first to show herbicide damage but other plants will also exhibit curling and distortion of new growth. The pesticides of highest concern are picloram, clopyralid, aminopyralid and aminocyclopyrachlor because they can remain active in hay, grass clippings, piles of manure and compost for an unusually long time. These active ingredients are also known as Milestone®, ForeFront®, and Chaparral™. **Don't throw grass clippings in your compost pile if you treat your lawn with weed killers.**

The Extension office provides licensing for private pesticide applicators. This ensures that anyone using restricted use chemicals on their property is aware of state and federal regulations for proper use, personal protective equipment, calibration and disposal. A private applicator license is for individuals using these chemicals on their own property. If you're interested in obtaining a private applicator's license, or more information on pesticides, please contact: Pat McGlynn, Ag & Natural Resource Agent, at the Flathead County Extension Office—(406)758-5554.



**Karsyn Anderson  
and Ian Caltabiano  
are the recipients  
of the 2012 Hand  
to Heart Award.**

*AMAZING Citizenship  
and Community Ser-  
vice projects were com-  
pleted by these two 4-H  
members.*

**GREAT JOB!!**



### *Invitation to all 4-H'ers – Come Join-in the discussion about Future Plans of the Fairgrounds*

The Flathead County Fair Board and administrators have invited 4-H Members & 4-H Volunteer Leaders to participate in a conversation about priorities for the future.

In five or ten years from now, what would we like to see as a reality for the Fairgrounds? How would we want our regional fairgrounds to be known (and respected for) in the future?

Please mark your calendars for **Thursday, May 24<sup>th</sup> at 6:30 PM in the Expo Building** and plan to join in a collaborative community effort to answer these questions. Come and help discover a common vision for the future of your Fairgrounds. 4-H ideas and support is needed and welcomed!!

#### Benefits of Participating include:

- Play an active role in identifying the Fairground's vision and priorities
- Meet interesting, community minded individuals from throughout the County
- Learn about the Fairgrounds and exchange your thoughts on future facilities
- Share your input through open discussions and activities
- Make a difference for your fairgrounds and the community



## Cloverbud Camp

June 8, 9, and 10, 2012

Camp begins at 5pm on Friday and closes noon Sunday. Darrell Fenner 4-H Camp · Loon Lake · Ferndale

Share in the exciting experience of Cloverbud Camp with your child!

*Youth camper must be accompanied by a parent or guardian to Cloverbud Camp.*

## CONGRATULATIONS

to Alana Townsend, Tyler Volkman, Sawyer Braaten and Steven Cook! They were the top 4 individuals chosen to represent Montana 4-H in Small Bore Pistol at the 2012 National 4-H Shooting Sports Invitational Tournament in Grand Island, Nebraska.

**AWESOME SHOT!!**



## CONGRATULATIONS 4-H SHOOTERS!!

*Below are the Flathead County 2011-2012 Individual Winners of the Montana Shooting Sports Postal Tournament*

Division	Name	Age	Award
Pistol	Nicholas Williams	13	1st
Pistol	Kaylene Volkman	13	2nd
Pistol	Alana Townsend	17	1st
Pistol	Tyler Volkman	16	2nd
Pistol	Sawyer Braaten	18	3rd
Precision	Mallory Crusta	15	3rd
Archery - Barebow	Dylan Benner	9	2nd
Archery - Barebow	Walt Hollensteiner	10	3rd
Archery - Barebow	Miranda Lauria	12	1st
Archery - Barebow	Nathan Riley	13	2nd
Archery - Barebow	Steven Cook	15	2nd
Archery - Barebow	Sara Burch	16	3rd
Archery - Bowhunter	Colton Hoerner	10	3rd
Archery - Bowhunter	Hayden Falkner	11	1st
Archery - Bowhunter	Tristen Steinward	13	2nd
Archery - Bowhunter	Tyler Volkman	16	1st
Archery - Limited	Joshua McMaster	10	1st
Archery - Limited	Tessa Lachenmaier	10	3rd
Archery - Limited	Lane Darrow	13	2nd
Archery - Olympic Recurve	Cody Seliger	17	1st
Archery - Primitive	Zane King	12	3rd
Archery - Primitive	Tyler Volkman	16	3rd
Archery - Unlimited	Jack Lam	10	1st
Archery - Unlimited	Ryan Kemm	10	2nd
Archery - Unlimited	Miranda Lauria	12	1st
Archery - Unlimited	Trey Carmalt	12	2nd
Archery - Unlimited	Tristen Benner	12	3rd
Archery - Unlimited	Brittany Seliger	14	1st
Archery - Unlimited	Seth Probert	14	2nd
Archery - Unlimited	Jayne Evenson	14	3rd



**4-H Community Service**

**Congratulations** to the Halfmoon Highlanders and the Rowdy Ropers 4-H clubs!!

Both received funding from the 4-H People Partner Grant. Halfmoon Highlanders will be using their funds to assist with social connections for the residents of the MT Veterans home by providing email and skype. Rowdy Ropers will be making more fleece blankets for the MT Veterans home residents.

**Way to Go!!!**

Assessment Day and Leader Certification clinics for those 4-H horse project members wishing to get assessed AND for leader's needing to get certified prior to June 1, 2012. Leaders, come get certified or re-certified so you may assess members - this is required every two years for all leaders. Members are encouraged to come even if only for partial assessments to see where they are and what they need to work on for their project.



**Kalispell Fairgrounds - May 16th & 22nd from 6-8pm.**

*Members, please bring horses and contact Codi Sorensen by email at [sorensentraining@yahoo.com](mailto:sorensentraining@yahoo.com) or call 250-6865 if you will be attending.*



# Upcoming 4-H Meetings and Special Events

## Forums, Committees & Councils

- **Teen Council: ALL TEENS ARE WELCOME:** *Friday, May 25th at 6:30 pm at the Agape House, located at 40 Appleway Dr. Kalispell. Contact-Samantha Lake, 4-H Senior Ambassador, at 253-7771.*
- **Interstate Exchange Planning Meeting:** *Thursday, May 31st at 7:00 pm in the EBB 2nd Floor Conference Room. Please contact Wendy Morris at 862-0801 for more details.*
- **4-H Camp Counselor Planning Meetings:** *Friday, April 27; Friday, May 4; Thursday, May 24; Friday, June 8; Friday, June 29; and Friday, July 20th at 5:30 pm at the EBB on the 2nd floor. Camp Counselor applications are due to Extension office on April 27. Counselors are required to participate in 5 out of the 6 meetings.*
- **4-H Horse Committee:** *Monday, June 4th at the EBB 2nd Floor Conference Room at 5:45 p.m.*
- **Large Livestock Committee:** *Thursday, June 7th at 5:30pm at the 4-H Building on the Fairgrounds. Please contact committee chair, Marian McAllister to add an item to the agenda, 837-0119.*
- **Spring Flathead 4-H Foundation Forum Meeting:** *Thursday, June 7th at 6:30 pm at the 4-H Building on the Fairgrounds. Please contact Foundation President, Wendy Morris to add an item to the agenda, 862-0801.*



## Due Dates

- \* **June 1st-** All members must add or drop projects with the office. All horse cards and level assessments should be turned in to the Extension Office.
- \* **June 1st-** Owner Affidavit/ Lease Affidavit forms for ALL Llama projects participating in 2012 fair

## Upcoming Activities & Other Meetings

- ◇ **Hunting Shooting Sports:** *1st & 3rd Thursday of the month at Fish, Wildlife & Parks office. Please contact Jon Obst for more info: 257-0395.*
- ◇ **Horse Clinic #5:** *Sunday, May 6th at 11:00 am. Rocky Mountain Saddle Club Arena in Columbia Falls. Bring your horse if you're able! Topic is basic horsemanship. For more info, call Renee Caverly at 837-4144.*
- ◇ **Market Lamb Seminar:** *Monday, May, 7th at 6:30pm at the 4-H building.*
- ◇ **Fair Superintendent Meeting:** *Tuesday, May 15th at the Fairgrounds in 4-H building @ 6:30pm.*
- ◇ **Horse Project Assessment & Leader Certification:** *May 16th and May 22nd. Fairgrounds. 6-8pm*
- ◇ **Shooting Sports Leader Training:** *May 18th & 19th. Billings, MT*
- ◇ **Loon Lake Camp Clean-up:** *May 19th at 10am. Call Extension Office and let us know how many to expect from your group for lunch.*
- ◇ **Market Lamb Weigh-in and Tagging:** *Tuesday, May 22nd at the Fairgrounds, 4:30 to 6:30pm. Please bring in you lamb's breeder name & address.*
- ◇ **Fairgrounds Public Meeting:** *Thursday, May 24th in the Expo Building @ 6:30pm.*
- ◇ **Livestock Showmanship Clinic For Hog, Beef and Sheep:** *Monday, June 4th at the Flathead County Fairgrounds @ 6:30 pm.*



# Special Edition Flathead County 4-H Heritage Families

## *Marjorie Olsen A Family that Bleeds 4-H Green*



The Country Cousins Club receiving a check for electricity projects in 1967. In photo from left to right: Rand Norby, Duane Olsen, Garnet Minster and Kayleen Olsen Bristow.

Hi, I'm Marjorie Olsen and I'm a leader of the Country Cousins's 4-H Club in Flathead County. I was a member of 4-H in the 1930's and I still have the red ribbon potholder I made. 45 years ago, my husband Duane decided to start our own 4-H club. A fellow member, Denny Borgen, suggested we call the club the Country Cousins. You see, my first cousin, MaryAnn Jellison and several of the Graham family were all first cousins. The name stuck and the family tradition has grown by leaps and bounds. Duane and I had three daughters, Cheryl Timlick, Kayleen Bristow and Dana Higgins, all of whom were in 4-H as children. Dana is currently the leader of our club.



Dana (far right) receiving a gold watch.

Including my grand children (6) and great grandchildren (5) our club currently holds four generations of our family. I have a new great great granddaughter born last summer and her daddy will see that she is a 4-Her as well. We will have FIVE generations of 4-Her's and we're looking forward to the future!

Dana was one of the first girls to win the state electrical award, a gold watch from Montana Power Co. Our family hosted many girls from Michigan and Vermont 4-H Exchange trips. I also chaperoned a 4-H group on the Citizenship Short Course to Washington D.C. in 1978. It was a long hard trip but the best tour I had in D.C. and Gettysburg. Duane and I attended numerous conferences through out the years including Alberta's 4-H Leader's Conference with Florence Borgen and Jeannie Warner. One year in February, my husband had open heart surgery, and in July, he and I chaperoned the 4-H Congress kids to Bozeman. His dorm had a fire drill and they were on the 7th floor, the drill just about got him! At Congress we also got to float the Missouri river and go on a hayride which was a lot of fun. The highlight of the trip was when the Country Cousins won a blue ribbon on their demonstration. We also took part in long hours working on and fundraising for the building of the Loon Lake 4-H Camp and seeing it become a reality.



Five generations pictured above.

The past 45 years as charter leader of the Country Cousins 4-H club has been fun, rewarding and definitely an **educational** experience but I'm stepping down this fall. I'm 87 and can't hear the little ones, but I'll still be making cupcakes and cookies for special meetings. I'm very proud of our Country Cousins 4-H Club, and (as you can see) proud to be a 4-H'er!



Marjorie Olsen, daughter Dana Higgins, and great great grand-niece DeAnn Dutton-Trunkle at 2011 4-H Leader's Banquet

Thank you to Marjorie Olsen for submitting this article regarding her family's 4-H heritage. If your family has three or more generations that have been involved in 4-H, nationally, within Montana, or within Flathead County, please contact us. We'd love to hear your story. For more information on the Montana 4-H Centennial or about Flathead County's 4-H program please call us at 758-5553 or email us at [extension@flathead.mt.gov](mailto:extension@flathead.mt.gov)



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### State Web Sites:

[www.msuextension.org](http://www.msuextension.org)

[www.montana4h.org](http://www.montana4h.org)

## SNAP Recipe of the Month



### Chicken Club Salad

Yield: 4 servings • Serving: 3 cups

- 1 cup uncooked whole wheat small pasta, such as macaroni or rotelle
- 6 cups well washed and torn romaine lettuce or spinach
- 2 cups chopped fresh vegetables (green pepper, celery, cauliflower florets, cucumber, carrots)
- 2 cups chopped tomatoes (about 2 large)
- 1½ cups cubed cooked skinless chicken (one half pound skinless, boneless poultry)
- ½ cup lowfat Italian dressing
- 1 hard cooked egg (optional)
- ¼ cup shredded cheese or cheese crumbles

1. Wash hands.
2. Cook pasta according to package directions; drain and cool.
3. Place 1½ cups of the romaine in each of 4 large bowls or plates.
4. Combine chopped vegetables, chicken and pasta.
5. Add dressing; toss lightly to coat. Divide evenly among the 4 bowls.
6. Top each serving with a few egg slices, if desired, and 1 Tablespoon of the shredded cheese.

**PER SERVING:** CALORIES 270 • FAT 10 G • PROTEIN 24 G • CARBOHYDRATE 22 G • FIBER 6 G • GOOD SOURCE OF VITAMIN A, VITAMIN C, CALCIUM AND IRON

Recipe courtesy of Iowa State University Extension 2009 Calendar

*Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provide the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.*

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