

KSC Activity Calendar - September, 2018


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3</p>  <p>CENTER CLOSED</p>	<p>4</p> <p>8:45 Chair Yoga 9:30 BOD Meeting 10:00 Everybody's Got A Story 11:15 Rhythm & Moves 1:00-3:30 Art Class 1:00 Pinochle</p>	<p>5</p> <p>9:00 Exercise 9-5 Open Paint 10:00 Exercise 11:30 Qi Gong 1:15 The Movers Exercise Group 1:00 Sunshine Chorus Practice</p>	<p>6</p> <p>9-12 Open Paint 10:00 Walking/Hiking 1:00 Bocce Ball & Corn Hole Games 1:30 Bingo 2:30 General Meeting 6:00 Line Dance</p>	<p>7</p> <p>9:00 Exercise 10:00 Exercise 9-5 Open Paint 1:00 Pinochle</p>
<p>10</p> <p>9:00 Exercise 9:00 Crafts With Carol 10:00 Exercise 1:15 The Movers Exercise Group 1:00 Cribbage</p>	<p>11</p> <p>8:45 Chair Yoga 9-12 Open Paint 10:00 Everybody's Got A Story 11:15 Rhythm & Moves 12:30-3:30 Art Class 1:00 Pinochle</p>	<p>12</p> <p>9:00 Exercise 9-5 Open Paint 10:00 Exercise 11:30 Qi Gong 1:15 The Movers Exercise Group</p>	<p>13</p> <p>9-12 Open Paint 10:00 Walking/Hiking 1:00 Kalispell Jammers Lee Isaacson & Friends 1:30 Bingo 6:00 Line Dance</p>	<p>14</p> <p>9:00 Exercise 10:00 Exercise 9-5 Open Paint 1:00 Pinochle</p>
<p>17</p> <p>9:00 Exercise 9:00 Crafts With Carol 10:00 Exercise 1:15 The Movers Exercise Group 1:00 Cribbage</p>	<p>18</p> <p>8:45 Chair Yoga 10:00 Everybody's Got A Story 11:15 Rhythm & Moves 12:30-3:30 Art Class 1:00 Pinochle</p>	<p>19</p> <p>9:00 Exercise 9-5 Open Paint 10:00 Exercise 11:00 Activity Comm. Meeting 11:30 Qi Gong 1:15 The Movers Exercise Group</p>	<p>20</p> <p>9-5 Open Paint 10:00 Walking/Hiking 1:00 Free Movie - Wonder 1:30 Bingo 6:00 Line Dance</p>	<p>21</p> <p>9:00 Fall Prevention-Vertigo 9:15 Exercise 10:00 Fall Prevention-Vertigo 10:15 Exercise 9-5 Open Paint 1:00 Pinochle</p>
<p>24</p> <p>9:00 Exercise 9:00 Crafts With Carol 10:00 Exercise 10:45 Sing Along With Bob 1:15 The Movers Exercise Group 1:00 Cribbage</p>	<p>25</p> <p>8:45 Chair Yoga 9-12 Open Paint 10:00 Everybody's Got A Story 11:15 Rhythm & Moves 12:30 Hearing Aid Check & Clean 12:30-3:30 Art Class 1:00 Pinochle</p>	<p>26</p> <p>9:00 Exercise 9-5 Open Paint 10:00 Exercise 11:30 Qi Gong 1:15 The Movers Exercise Group</p>	<p>27</p> <p>9-5 Open Paint 10:00 Walking/Hiking 1:00 Norm & Eva Harmonizing Duet 1:30 Bingo 2 - 5pm KSC 50th Anniversary Celebration! 6:00 Line Dance</p>	<p>28</p> <p>9:00 Exercise 10:00 Exercise 9-5 Open Paint 1:00 Pinochle</p>

COMPUTER/LAPTOP, IPAD/ TABLET CLASSES

Hour-long sessions are scheduled one-on-one. Learn what YOU want to learn at YOUR pace. Call 257-1598 to schedule an appointment. Openings available!



1st day of Autumn
September 23rd

