

# KSC Activity Calendar - October, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 9:00 Exercise 10:00 Exercise 10:00 Needle Arts 1:30 The Movers Exercise Group 1:30 Cribbage	<b>3</b> 8:45 Chair Yoga 10:00 Everybody's Got a Story 10-12 Open Paint 12:30-3:30 Art Class 1:00 Pinochle 1:00 Whist 1:30 Bridge	<b>4</b> 9:00 Exercise 10:00 Exercise 10:00 Open Paint 11:45 No Qi Gong 1:00 Sunshine Chorus Practice 1:00 Shanghai Rummy 1:30 Ponytail 1:30 The Movers Exercise Group	<b>5</b> 10:00 Open Paint 11:00 Introduction to Swing Dance 1:00 Medicare Enrollment Presentation 1:30 Bingo 6:00 Line Dance	<b>6</b> 9:00 Exercise 10:00 Exercise 10-4 Open Paint 1:00 Pinochle
<b>9</b> Closed for Columbus Day	<b>10</b> 8:45 Chair Yoga 10:00 Everybody's Got a Story 10-12 Open Paint 12:30-3:30 Art Class 1:00 Pinochle 1:00 Whist 1:30 Bridge	<b>11</b> 9:00 Exercise 10:00 Exercise 10:00 Open Paint 11:45 Qi Gong 1:00 Shanghai Rummy 1:30 Ponytail 1:30 The Movers Exercise Group	<b>12</b> 10:00 Open Paint 11:00 Introduction to Swing Dance 1:00 History of East Kalispell Homes 1:30 Bingo 6:00 Line Dance	<b>13</b> 9:00 Exercise 10:00 Exercise 10-4 Open Paint 1:00 Pinochle
<b>16</b> 9:00 Exercise 10:00 Exercise 10:00 Needle Arts 1:30 The Movers Exercise Group 1:30 Cribbage	<b>17</b> 8:45 Chair Yoga 10:00 Everybody's Got a Story 10-12 Open Paint 12:30-3:30 Art Class 1:00 Pinochle 1:00 Whist 1:30 Bridge	<b>18</b> 9:00 Exercise 10:00 Exercise 10:00 Open Paint 11:45 Qi Gong 1:00 Shanghai Rummy 1:30 Ponytail 1:30 The Movers Exercise Group	<b>19</b> 10:00 Open Paint 11:00 Introduction to Swing Dance 1:00 Movie: 7 Brides for 7 brothers 1:30 Bingo 6:00 Line Dance	<b>20</b> 9:00 Exercise 10:00 Exercise 10-4 Open Paint <b>12:00 BP Check</b> 1:00 Pinochle
<b>23</b> 9:00 Exercise 10:00 Exercise 10:00 Needle Arts 1:30 The Movers Exercise Group 1:30 Cribbage	<b>24</b> 8:45 Chair Yoga <b>9:30 BOD Meeting</b> 10:00 Everybody's Got a Story 10-12 Open Paint <b>12:00 Hearing Aid Check &amp; Clean</b> 12:30-3:30 Art Class 1:00 Pinochle 1:00 Whist 1:30 Bridge	<b>25</b> 9:00 Exercise 10:00 Exercise 10:00 Open Paint 11:45 Qi Gong 1:00 Shanghai Rummy 1:30 Ponytail 1:30 The Movers Exercise Group	<b>26</b> 10:00 Open Paint 11:00 Introduction to Swing Dance 1:00 Musical Performance: Kaz-uke-ees <b>4:00 General Mtg.</b> <b>6:00 Bingo</b>	<b>27</b> 9:00 Exercise 10:00 Exercise 10-4 Open Paint 1:00 Pinochle
<b>30</b> 9:00 Exercise 10:00 Exercise 10:00 Needle Arts 1:30 The Movers Exercise Group 1:30 Cribbage	<b>31</b> 8:45 Chair Yoga 10:00 Everybody's Got a Story 10-12 Open Paint 12:30-3:30 Art Class 1:00 Pinochle 1:00 Whist 1:30 Bridge	<b>COMPUTER/LAPTOP, IPAD/TABLET CLASSES AT THE KALISPELL SENIOR CENTER BY APPOINTMENT</b> <b>Monday - Friday 10 to 12</b> <b>Please call 257-1598 to schedule an appointment</b>		