



Area IX—Flathead County

Agency on Aging

NEWSLETTER

June 2017

40 11th Street West, Kalispell



Join us for a Hawaiian Luau!

Older Americans' Picnic

Friday, June 16th

Serving lunch 11:30 am-1:00 pm

Doors open at 10:00 am—Opening Ceremony 10:45 am

Expo Building at Flathead County Fairgrounds

265 North Meridian Road, Kalispell



Free picnic for folks
age 60 and over!

Please bring a dessert to share.

- Great food
- Fun conversation
- Sponsor tables
- Door Prizes

Call 758-5730 for more info
or 758-2471 to join as a sponsor!

A big thank you to our Sponsors, including:



GOLD LEVEL SPONSOR



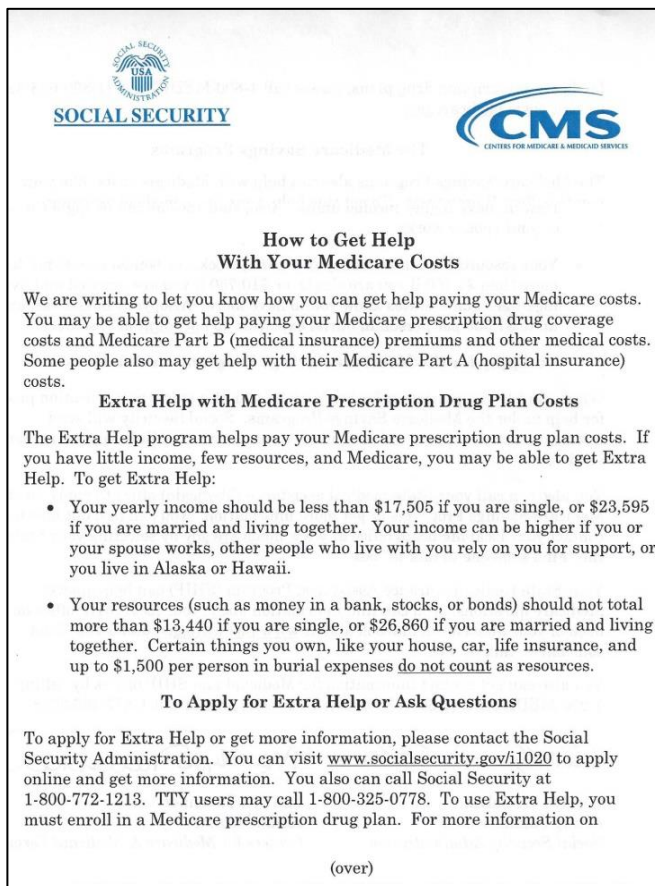
GOLD LEVEL SPONSOR

Humana



Benefits to Save You Money!

Does this letter look familiar?



If you receive a letter like this from the Social Security Administration, call us for free application assistance. You may be eligible for benefits like *Extra Help* that helps you with Part D prescription costs, or the Medicare Savings Program (MSP) which will cover Part B premiums and possibly other medical costs.

A little time spent with us can add up to big savings for you! We look forward to hearing from you. Please call 758-5730.



Help for Caregivers Available

According to AARP, 118,000 Montanans are caring for a loved one at home. In fact, they provide 110 million hours of unpaid care annually, valued at \$1.4 billion! Family caregivers want their loved ones to age in place in their homes and communities and they work hard to make that happen, helping with house cleaning, meals, transportation, medical tasks, money management, social activities and companionship. But caregiving can be very stressful – physically, emotionally and financially.

Let us help! If you are a caregiver of an adult age 60 or older with a limited income, we can offer a variety of services to your loved one, on a donation basis, to supplement the care you provide:

- **Respite** – someone to care for your loved one so you can have a break
- **Homemaker** – light housekeeping
- **Escorted Transportation** – rides to medical appointments, shopping, etc.
- **Personal Care** – help with personal hygiene tasks (limited hours available)
- **Therapeutic Care Farm** – opportunity to participate in local farm life

Our staff can also provide you with information about other benefits and services that might be helpful to you or your loved one.

Give us a call today!



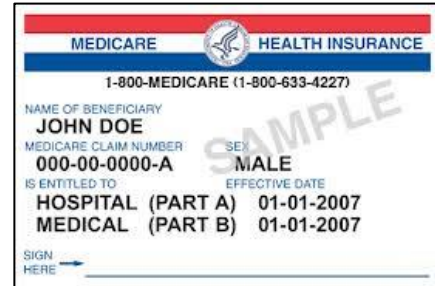
Serving older adults and people with disabilities in Flathead County.

Phone: 406-758-5730

Fax: 406-758-5732

Web: flathead.mt.gov/aging

Medicare 101 Class



Tuesday, June 27th, 1:00-3:00 pm

40 11th St W, Kalispell
2nd Floor Conference Room

Are you new to Medicare? Do you have questions? Plan to attend our next Medicare 101 class. Our staff will guide you through the Medicare basics so that you make the right decisions for your health insurance needs.

Part A—Part B—Part C—Part D
Advantage Plans—Supplements—Extra Help
Medicare Savings Programs—When to enroll?
What is creditable coverage?—Much more!

Call 758-5730 for more information

Summer Bus to Glacier National Park

Kalispell—Columbia Falls—Hungry Horse—Coram
July 1st through September 4th (Labor Day)

7 Days a Week!



Fare: \$3 one way/\$5 round trip or Eagle Transit Pass
(return voucher given. Exact change only.)
+ entrance fee

Spend a half day or full day in the park.

Hike—Picnic—Sightsee—Explore!

Call 758-5728 for more info