

The Golden Gazette January 2019

A monthly newsletter from the Whitefish Community Center

HERE THEY ARE!

Whitefish Community Center's 2019 Winter Carnival Sr. King and Queen are Jim and Sandi Bellissimo, ardent supporters of WCC

Congratulations to Whitefish Community Center's 2019 Winter Carnival Sr. King and Queen! Jim and Sandi moved to Happy Valley in November 1999 after Jim was granted a job transfer from a California Safeway. Both continue to enjoy Montana's changing seasons and variety of outdoor activities.

Sandi worked as a legal assistant for Tom Tornow in Whitefish before taking early retirement at 62. It was then that she discovered Whitefish Community Center, where she was attracted by socialization, friendship and classes. Sandi visits the Center twice weekly for exercise sessions, after which you can find her sitting at the communal table drinking a cup of coffee and nibbling at a pastry.

Jim currently works part-time at Safeway and will soon retire to take on his many projects at home. He has participated in many WCC events and brags about the wonderful lunches available there.

The couple will celebrate their 29th wedding anniversary in July of this year, and a cruise to Alaska is on their bucket list.

Come by WCC to meet Jim and Sandi!



The theme for this year's Winter Carnival is "Woodstock," so think music and flower power.

Coronation festivities start at 10:30 am with a meet-and-greet on either January 30 or 31, depending on the desires of the Duchess of Lark. At 11:00, the entire 2019 Winter Carnival Court will arrive to perform the Royal Proclamation and Coronation. You can expect lots of pomp and circumstance. Lunch is at 11:30.

On February 2, we will be part of the Grand Parade in Whitefish, starting at 3:00 pm. We are typically either #6 or #7 in the lineup.

A Special Thanks To

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For their generous donation of printing our monthly newsletter.

Be sure to send them your business!

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5064 Whitefish Stage Road, Whitefish, MT (406) 862-4010

Quilters Support Seniors

Stumptown Quilt Society donates placemats

Stumptown Quilt Society recently donated three dozen Christmas-theme placemats to Whitefish Community Center. They will be included in the home-delivered meal program “Meals on Wheels.” Stumptown Quilt members make quilted items every year to donate to charities throughout Flathead Valley.

Meals on Wheels for Seniors is one of several programs coordinated through WCC. Volunteers deliver tasty, healthy meals to seniors’ homes, thus fostering the seniors’ independence. (For more information, call 406-862-4923.)

Stumptown Quilters Society is open to anyone interested in quilting. Beginners are welcome. The group meets the second Saturday of each month at St. Peter’s Church, 211 Wisconsin Avenue, Whitefish. A short meeting, fabric exchange, demonstration, snacks, project sewing, and socialization are on the agenda. If you are interested, please call Kathy Thomas at 892-4619.



Classes JUST FOR YOU

Learn. Connect. Grow.



**Flathead Valley
Community College**

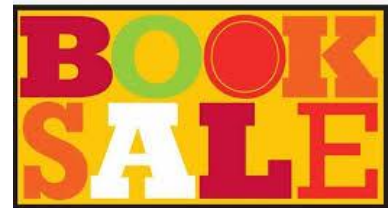
Senior Institute
Celebrating 25 Years!

SAVE THE DATES! Fridays, February 15 - March 22, 2019

In-person registration: Thursday, January 31
Brochures will be mailed out in early January.
Look for new classes as well as familiar favorites!

For more information, visit
www.fvcc.edu/seniorinstitute
or call 756-3822.

Gi-normous Book Sale!



Our used book collection has exploded!

Come take a look at our tables of books and find some treasures. Paperbacks will be three for \$.50 and hardbacks will be three for \$1. We have fiction, non-fiction, biographies, and more. Stock up for winter reading – spring and summer are a long way away! These specially priced books will be available all of January, but shop early for the best selection.

We are not eliminating our used book sales, just need to start the New Year with a smaller inventory. For those who have donated books, we sincerely thank you. Our used book sales have been an income stream (though a small one) for years! We enjoy offering good reads at bargain prices. For those who have been purchasing our books all along, we thank you. Without you, we would not have the program!

Menu & Activities

January 2019

MON	TUE	WED	THU	FRI
<p><i>Lunch reservations are required.</i></p> <p><i>Call 862-4923 or stop by the Center the morning before.</i></p>	<p>1</p> <p>CLOSED FOR NEW YEAR'S</p>	<p>2</p> <p>Tai Chi practice: 10</p> <p>Beef stroganoff over rice, veggies, Hawaiian roll, dessert</p>	<p>3</p> <p>Senior Fitness: 11</p> <p>Almond-crusted sole, au gratin potatoes, veggies, buttermilk biscuit, dessert</p>	<p>4</p> <p>Ping Pong: 9-2</p> <p>BBQ chicken, au gratin potatoes, veggies, buttermilk biscuit, dessert</p>
<p>7</p> <p>Ping Pong: 9-2 Knitting: 2-4</p> <p>Chicken fried steak w/country gravy, whipped potatoes, veggies, cheesy biscuit, dessert</p>	<p>8</p> <p>Yoga: 9:30 Senior Fitness: 11:00 Game Day: 1-4 Immunizations: 1:30-4:00</p> <p>Tac salad w/lettuce, tomato, onions, cheese, sour cream, taco sauce and meat, muffin</p>	<p>9</p> <p>Tai Chi practice: 10</p> <p>Sloppy Joes on whole-grain bun, parsley potatoes, veggies, dessert</p>	<p>10</p> <p>Senior Fitness: 11</p> <p>Hot pork sandwich on whole-grain bread, mashed potatoes w/ gravy, veggies, dessert</p>	<p>11</p> <p>Ping Pong: 9-2</p> <p>Beef burgundy over noodles, veggies, butterflake roll, dessert</p>
<p>14</p> <p>Ping Pong: 9-2</p> <p>Veal cutlet, mashed potatoes w/ gravy, veggies, wheat roll, dessert</p>	<p>15</p> <p>Yoga: 9:30 Senior Fitness: 11:00 Game Day: 1-4</p> <p>Garlic herb chicken breast fillet on whole-grain bun, 4-bean salad, fresh fruit</p>	<p>16</p> <p>Tai Chi practice: 10</p> <p>Liver w/onions, baked potato, veggies, French roll, dessert</p>	<p>17</p> <p>Board meeting 8:30 Senior Fitness: 11 Toe Nail Clinic: 3</p> <p>Stuffed chicken w/ broccoli & cheese, creamy sauce, wild rice, dinner roll, cookie</p>	<p>18</p> <p>Ping Pong: 9-2</p> <p>Alaska fish fillet on a bun w/cheese, potato wedges, veggies, tartar sauce, dessert</p>
<p>21</p> <p>CLOSED FOR DR. MARTIN LUTHER KING, JR. DAY</p>	<p>22</p> <p>Yoga: 9:30 Senior Fitness: 11:00 Game Day: 1-4</p> <p>Cheeseburger on whole-grain bun, potato salad, baked beans, yogurt</p>	<p>23</p> <p>Tai Chi practice: 10</p> <p>Biscuits and sausage, gravy, hashbrowns, sliced apples</p>	<p>24</p> <p>Senior Fitness: 11</p> <p>Spaghetti w/meat sauce, veggies, garlic toast, dessert</p>	<p>25</p> <p>Ping Pong: 9-2</p> <p>Hot pork sandwich, mashed potatoes w/ gravy, veggies, dessert</p>
<p>28</p> <p>Ping Pong: 9-2</p> <p>Hamburger stew, pickled beets, buttermilk biscuit, dessert</p>	<p>29</p> <p>Yoga: 9:30 Senior Fitness: 11:00 Game Day: 1-4</p> <p>Homemade chili w/ shredded cheese & onions, cornbread, oyster crackers, cookie</p>	<p>30</p> <p>Tai Chi practice: 10</p> <p>Baked meatloaf, brown gravy, whipped potatoes, veggies, butterflake roll, dessert</p>	<p>31</p> <p>Senior Fitness: 11 Birthday lunch 11:30 Birthday party 12:00</p> <p>BBQ riblet, au gratin potatoes, veggies, Hawaiian roll, dessert</p>	<p><i>Happy Birthday</i></p>

WHITEFISH Community Center

121 East 2nd Street

Whitefish, Montana 59937

Open from 9 am to 2 pm weekdays

Phone: 406-862-4923

E-mail: WhitefishCommunityCenter1@gmail.com

Facebook: [WhitefishCommunityCenter](https://www.facebook.com/WhitefishCommunityCenter)

www.WhitefishCommunityCenter.org

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The Whitefish Community Center offers a “user friendly” space for young and old alike. We host and sponsor many activities and programs for “experienced” adults who are young at heart.

The Center is also an affordable and conveniently located rental space for receptions, club meetings, banquets, parties, reunions and fundraisers. Stop by, say “hello,” and see what we’re all about.



Join us for January Birthdays

Mark your calendar for the 31st of January. At 11:30 we will be serving BBQ riblet, au gratin potatoes, veggies, & Hawaiian roll, followed by birthday cake at 12:00. Bring a friend, be a friend, come say hi. We always need more voices when we sing “happy birthday”! As usual, it is nice to call ahead if you are coming. 862-4923



January Birthdays

Charles Rogers: January 1
Barbara Acree: January 8
Leora Muraoka: January 8
Jim Welch: January 11
George Losleben: January 18
Carol Hecimovich: January 19
Mary Jane Decker: January 23
Doug Gilbertson: January 26
Rick Kinonen: January 28
Jerrie Boksich: January 29
Judith Harrell: January 29

Meals on Wheels

As we look forward to 2019, we want to remind everyone that we are the Whitefish provider for Meals-on-Wheels, a program that provides home delivery of hot nutritious meals every weekday around noon.

We also offer lunch in our Community Center dining room for those able to travel to our site. Costs to seniors for these meals are minimal, or voluntary for those on a tight budget.



Please give some thought to folks you know that may be interested in our meals. Rather than eat alone at home, invite them to try lunch at the Center. If you know of someone who might benefit from home delivery, we can help you get that arranged.

We would love to expand the number of folks who participate in our meal service. So, spread the word: Meals on Wheels is looking for hungry folks in Whitefish! Call 862-4923 for more information.