

The Golden Gazette

January 2018

A monthly newsletter from the Whitefish Community Center

Looking Back on 2017

The new year is a time of reflection – of thinking back on the good times (or pretty good) times of the previous year. We've taken a moment to do our own reflection. Bear in mind, we've not included *everything*, as space is limited. But here it is. Hope you can share it with us.

February – Much frivolity and merriment as Doug and Pat Gilbertson were officially crowned as our Golden Knight and Golden Lady for the Whitefish Winter Carnival.



April – Our first function was an Easter Egg Hunt/Party for grown-ups. The brain child behind this delightful idea was our volunteer Andrea Callahan. Later in the month we celebrated World Tai Chi Day. Sandi Bellissimo was the driving force for this event.

May – Frank Kuntz, a family-friendly entertainer from Big Fork, gave us a piano concert.

June – We partnered with Whitefish Park and Recreation Department to help maintain a freshened-up Kay Beller Park. Kudos to Mike Fitzgerald for taking the initiative, and to Ken and Julie Sherper for being the “gold star” volunteers keeping the park tidy through our Adopt-A-Park Program.

October – We held our first monthly birthday party and added Mexican Train to our Tuesday game day.

November - Our third annual Christmas Bazaar/Holiday Market was a scene of shopping, visiting, and merriment.



A Special Thanks To

TOP COPY

For their generous donation of printing our monthly newsletter.

Be sure to send them your business!

Typesetting ● Laser Printing ● Labels ● Full Color ● Pick-up and Delivery

5064 Whitefish Stage Road, Whitefish, MT (406) 862-4010

Worth Noting

- ◆ We still have new smoke alarms available to those who may need one (or more)!
- ◆ We start our membership drive in January. Help us find new members and renew existing members.
- ◆ Construction is complete inside the building. Our west entrance is still scheduled for a little exterior work.
- ◆ We need additional volunteers for Meals on Wheels, Kitchen or Delivery. Please suggest us to a friend or relative!
- ◆ Our reader board sign will be placed later this spring when we can see the visual limitations imposed by the new development to our immediate east.
- ◆ Our next board meeting is January 18 at 9:00 am. The public is invited to attend.
- ◆ We have a great new web site. Its address is WhitefishCommunityCenter.org. It is continually updated to reflect our current menu and activities. If you haven't seen it, PLEASE take a look. It's terrific.

Wii Bowling is Coming in January!

Collect your friends and join us at the Whitefish Community Center for Wii Bowling. For now, we will meet at 1:00 pm on Thursday, January 4, and Thursday January 18. This will give us a chance to find out who is interested and what day of the week is best.

Beginners are welcome. So are experienced "bowlers," who may share tips and tricks.

More about Meals on Wheels.....

Delivery of a warm lunch to those (60 or over) who are homebound, or otherwise unable to prepare a meal for themselves, is the core of the Meals on Wheels Program. Whitefish Community Center proudly fills the role of the agency providing this service in Whitefish. We have warmhearted folks volunteering in our kitchen Monday through Friday to prepare the meals for delivery, and delivery drivers who are very generous with their time and energy in seeing that every person on the route receives their meal. This national program helps insure that no senior goes hungry. It also insures that every client has a personal greeting and a smile from someone who cares every day.

But did you know that we also serve meals at the lunch table inside the Community Center every

We will dedicate January to rounding up players and getting in some practice. As we move into spring, we will discuss teams and competition. Or not. This is all for FUN.

But you will never know how much fun this can be if you don't come check it out.

There is no need for bowling shoes or a bowling ball. It doesn't get much easier than that. And the Wii machine automatically keeps score, so there's no math!

What are you waiting for? Call us at 862-4923 and sign up.

weekday? For seniors who have more mobility, we welcome them to health and wellness classes and a community lunch.

Do you know an elder who spends too much time alone? Someone who may benefit from a little conversation and a warm lunch? Help us find them, please. It may be your neighbor or your mother. The number of folks having lunch with us at the Center has diminished due to a variety of reasons. We would like to see a vibrant dining room again.

Here are the rules: You must be at least 60 years old. You have to let us know in advance that you are coming, so we can order the appropriate number of meals. Once a year there is a small form to complete, and we are happy to help you with that. There is a suggested donation of \$4 per meal, but that is an optional and private choice.

We are eager to meet new folks. Come join our lunchtime conversation or just listen. Kim or Kathy are happy to answer your questions at 862-4923.

Menu & Activities

January 2018

MON	TUE	WED	THU	FRI
1 HAPPY NEW YEAR!	2 Exercise Class: 11:00 am Pinoche/Mahjong and Mexican Train at: 1:00 pm Chicken fried steak; mashed potatoes; country gravy; dinner roll; peaches	3 Beef fajita; peppers, onion, cheese, salsa, sour cream; Mexi veggie blend; apple slices	4 Exercise Class: 11:00 am Wii Bowling: 1:00 pm Chicken cutlet; hash browns w/gravy; veggies; buttered croissant; dessert	5 Taco salad: lettuce, tomato, onion, taco meat, taco sauce, cheese/sour cream; tortilla strips; blueberry muffin
8 Salisbury steak; mashed potatoes w/ brown gravy; veggies; dinner roll; peaches	9 Yoga: 9:30 am & 5:30 pm Exercise Class: 11:00 am Pinoche/Mahjong and Mexican Train at: 1:00 pm Immunization Clinic: 1:30-4pm Dave's chili w/diced onions & shredded cheese; cornbread; dessert	10 Beef dijonnaise over pasta; veggies; dinner roll; dessert	11 Exercise Class: 11:00 am Breaded pork w/mashed potatoes & gravy; veggies; cheesy biscuit; applesauce	12 Birthday Party! Baked cod; au gratin potatoes; veggies; butter flake roll; dessert
15 CLOSED FOR MARTIN LUTHER KING DAY	16 Yoga: 9:30am & 5:30pm Exercise Class: 11:00 am Pinoche/Mahjong and Mexican Train at: 1:00 pm Swedish meatballs over rice; veggies; dinner roll; fruit cocktail	17 Spaghetti w/ meat sauce; green beans; garlic bread; dessert	18 Board meeting: 9:00 am Exercise Class: 11:00 am Wii Bowling: 1:00 pm Toe Nail Clinic: 3:30 pm Taco salad: lettuce, tomato, onion, taco meat, taco sauce, cheese, sour cream, tortilla strips; blueberry muffin	19 Sloppy Joe's on a whole wheat bun; potato wedges; mixed veggies; dessert
22 Beef stroganoff over rice; veggies; bran muffin; fruit cocktail	23 Yoga: 9:30am& 5:30pm Exercise Class: 11:00 am Pinoche/Mahjong and Mexican Train at: 1:00 pm Tuna noodle casserole; veggies; cheesy biscuit; dessert	24 Veal cutlet; whipped potatoes w/ mushroom sauce; veggies; dinner roll; dessert	25 Exercise Class: 11:00 am Baked chicken; brown rice; veggies; buttermilk biscuit; Mandarin oranges	26 Hamburger stew; buttered corn; dinner roll; dessert
29 Monday Movie Madness: lunch at 11:30; movie at 12:30 BBQ riblet; au gratin potatoes; veggies; cornbread; applesauce	30 Yoga: 9:30am& 5:30pm Exercise Class: 11:00 am Pinoche/Mahjong and Mexican Train at: 1:00 pm Spaghetti w/meat sauce; veggies; garlic bread; dessert	31 Breaded pork w/ mashed potatoes & gravy; veggies; whole wheat roll; dessert	<i>Lunch reservations are required. Call 862-4923 or stop by the Center the morning before.</i>	

WHITEFISH Community Center

121 East 2nd Street

Whitefish, Montana 59937

Open from 9 am to 2 pm weekdays

Phone: 406-862-4923

E-mail: WhitefishCommunityCenter@montanasky.net

Facebook: [WhitefishCommunityCenter](https://www.facebook.com/WhitefishCommunityCenter)

Like us on
Facebook!

The Whitefish Community Center offers a “user friendly” space for young and old alike. We host and sponsor many activities and programs for “experienced” adults who are young at heart.

The Center is also an affordable and conveniently located rental space for receptions, club meetings, banquets, parties, reunions and fundraisers. Stop by, say “hello,” and see what we’re all about.

It's a Birthday Party!

We all love a good gathering and we all have birthdays, so we are continuing our “come one, come all” monthly birthday celebration. Our January party will take place at 12:30 on Friday, Jan 12. Call ahead so we can plan accordingly (862-4923).

If you want to join us for lunch at 11:30, the menu will be baked cod with au gratin potatoes, veggies, dinner roll, and desert.



January Birthdays

Charles Rogers: January 1
Jackie Creon: January 3
Barb Acree: January 8
Suzi Groverman: January 14
George Losleben: January 18
Carol Hecimovich: January 19
Keith Bogart: January 21
Lois Linn: January 23
Jaymie Decker: January 23
Doug Gilbertson: January 26
Rick Kinonen: January 28
Gregory Finneran: January 29
Marianne Dyon: January 29
Jerrie Boksich: January 29

Learn to Cook Tamales

Coming in February, Celia Chambers will teach us how to make authentic tamales. Groceries are provided. Cost is \$10.00 per person. Every participant will go home with 4 to 6 tamales. Date and time to be announced in our February newsletter.

Living Life Well

A chronic disease self-management class will be held Tuesday mornings (10 am to 12:30 pm) for six weeks, starting January 9. In Kalispell. Questions? Call Molly Neu at 751-8260.

By royal decree, it is hereby announced that Jon Carter shall be our Golden Knight and Pat Carter shall be his Golden Lady for the 2018 Whitefish Winter Carnival. Details in the February *Golden Gazette*.